

Inside

New and Improved HEARTBEAT

Your guide for
Healthy Living
Celebrates Minority
Health Month
See B1

Artz Wednesday comes alive with fashion, music, and a calendar of what's happening

See B4

Briefs

Million Man March Coalition plans "A Day Of Presence" at Jersey City schools

JERSEY CITY—The Million Man March coalition in New Jersey and the state of New Jersey is calling for all facets of the Jersey City community to participate in "the rebirth of the community" by attending their neighborhood school on the first day of the 1997-98 school year.

The attendance is requested, "to show our youth a sign of support, and to show our school system that we are not going to stand for a substandard educational system," said Rev. Austin Harold, President of the Jersey City coalition.

Governor Whitman expresses concern over potential AMTRAK Strike

TRENTON—Gov. Christine Whitman recently recommended federal intervention in the dispute between Amtrak officials and labor representatives. In a letter to U.S. Secretary of Transportation Rodney Slater in the hopes of averting a possible September strike, The Governor also asked New Jersey Transportation Commissioner John Haley to develop a contingency plan for New Jersey rail lines in the event of a strike or job action by Amtrak employees.

"NJ Transit would be unable to operate service on the Northeast Corridor, the North Jersey Coast Line, the Raritan Valley Line, and Midtown Direct service on the Morris and Essex Lines to New York," said Gov. Whitman. At least 65,000 daily riders would be left without service. And this would all be in addition to the loss of Amtrak's inter-city service.

Million Woman March set for Oct. 25 to catapult Black women to the forefront

Organizers of the Million Woman March say this is destined to be a historic event that will catapult Black women to the forefront of the revolutionary struggle, reports the *Philadelphia New Observer*. The march is scheduled to take place on Oct. 24, 1997 in Philadelphia. According to "Philadelphia was chosen because it was the first capital of the United States, the place where the Declaration of Independence was signed and the home of the Liberty Bell." They also stressed that the march would take place in a place where the importance of Black women defining and addressing their own issues. All women, regardless of color, will be involved in the march. One highlight is the expected participation of South Africa's Winnie Mandela.

Dr. Louis Farrakhan, Nation of Islam leader and the driving force behind the historic Million Man March (Oct. 6, 1995), has formally endorsed this March. Organizers have also garnered the support of a group called "Black Men in Support of the Million Woman March," informs the *Philadelphia New Observer*. Many of these men were participants in the Million Man March and they intend to use many of the same contacts and supporters to aid the women in securing financial assistance. For information on the march please call (215) 476-5883 or check out their web site at www.lmwc2.com/millionwomen.html. For Black Men in Support of the Million Woman March call (215) 925-5555 or (609) 435-7004 or (215) 879-1635.

Local minister discusses church scandal

By G.R. Maddox

According to a local minister, the Baptist church will be the victim of further division in the near future. Reverend Robert H. Johnson of First Hopeville Baptist Church in Newark and a member of the National Baptist Convention USA, Inc. (NBCUSA) Inc. gave his observations on the recent scandal concerning the Reverend Dr. Henry Lyons, president of that eight-million member organization.

The incident that led to the scandal was that on July 6, Mrs. Deborah Lyons, wife of the Reverend Lyons, was arrested by St. Petersburg police and charged with burglary of a dwelling and with arson. However, nearly a month later, the State's Attorney's Office elected to only officially charge Mrs. Lyons with

arson. If convicted she would face a maximum of 33 years in prison. Upon her arrest, Mrs. Lyons initially told investigators that she had set fire inside a \$700,000 home in the exclusive Tierra Verde neighborhood, after discovering papers showing that the property belonged to her husband and an employee of the NBCUSA Inc., Ms. Bernice Edwards.

Both Rev. Lyons and Ms. Edwards are out of the country in Nigeria at the time of the incident. Mrs. Lyons later recanted her initial statement to police officials.

Upon his return, Rev. Lyons spoke with the media. Since the arrest of his wife, and that first press conference, the media has bombarded the world with a daily basis with tales of improprieties, and pictures of a flamboyant, womanizing, glamour-craving Mercedes Benz-driving

minister.

While Reverend Johnson is critical of the coverage that came out of this first press conference, saying that "white newspapers got a little angry because they were rebuffed," he has stated that he is not a supporter of Lyons and will not be attending the upcoming NBCUSA's annual convention in Denver, CO "it would be a little too much for me," he said.

Characterizing Lyons as "a little country boy, who suddenly got inflated, decided he wanted to be a Baptist preacher and deal with the women and the money." Reverend Johnson feels that, for the good of the convention, Lyons should resign. The convention should then institute a series of biweekly reforms.

Rev. Lyons kept a promise made to grant an interview to members of the Black media. It was conducted by

reporters from the Florida Sentinel, following efforts by Dorothy Leavelle, president of the National Newspaper Publishers Association and head of the Crusader group of newspapers. It took place, last month at Rev. Lyons' church, Bethel Metropolitan Missionary Baptist Church in St. Petersburg, FL. The following is a transcript of that interview:

Q: Why did you grant that (first) interview?

A: It took me four days to get back to the country and I acted on the best advice I was given at the time. I was told that I needed to say something, but not to answer any questions.

Q: If you could relive that time period what would you do differently?
see LOCAL MINISTER/page B3

Zoo Crew indicted on drug charges

*No connection to recent protests, says US Attorney

By Daryle Lamont Jenkins

NEWARK—Almost three months after a pregnant woman was killed by a city officer and the outrage that ensued, federal drug charges were brought up on members of the Zoo Crew, the organization police groups have said organized the subsequent marches on City Hall.

U.S. Attorney Faith Hochberg announced a 23-count federal indictment Aug. 28, charging thirteen persons—twelve men and one woman—with conspiring in a heroin and cocaine trafficking operation that purchased drugs in New York for sale in New Jersey, North Carolina and elsewhere. Five one-defendant federal indictments were also unsealed and separate state charges were lodged against ten additional persons.

In pre-dawn raids, members of the New Jersey High Intensity Drug Trafficking Area (HIDTA) Task Force sought to arrest 38 persons in connection to the operation. Six of those arrested were charged with conspiracy. One, a woman, was charged with possession of a controlled substance. The remainder of the operation, was still a fugitive at press time.

The Zoo Crew is a community organization that operate a number of businesses in the area of Clinton and Chadwick Avenues, such as Zoo Sportswear, Zoo Flowers, a fast food restaurant called Boney's Place, and Get Wise, an auto parts store. Hochberg says the establishment were fronts for the trafficking operation which she says began in or about January 1996. "Zoo Crew operated as a community, community-looking storefronts, and behind that facade was a very sophisticated and very profitable drug dealing operation."

Clinton and Chadwick is the same



U.S. Attorney Faith Hochberg holds press conference to discuss drug indictment

area where on June 7, police Officer Robert Leaks shot and killed Danette "Strawberry" Daniels during what police say was a botched drug arrest. Daniels outraged over what they perceived to be a case of police brutality, participated in a march to City Hall organized by Black Via F.O.R.C.E. and Unity & Struggle. That march resulted in the suspension of Leaks without pay by Mayor Sharpe James.

The following weeks, members of the local Fraternal Order of Police (FOP) marched on City Hall in support of Leaks. Participants of this rally, singled out the Zoo Crew as the organizers of the previous march, charged that rally's participants with being either "dope addicts" or "drug dealers," and wore T-shirts with the word "Zoo" on the back with call letters over it.

At that rally, FOP President Jack McGinnis asserted that they planned to

have a sting operation on Clinton and Chadwick, saying that they "would 'go in and open up a can of whoppers.' Last week's indictments have been looked upon as retaliation to the protests against Leaks. Noting that the Leaks incident is a Essex County matter and not the jurisdiction of the federal court, Hochberg says that is not the case.

"This (the HIDTA operation) was a federal operation that started eight months to a year before the community protest," Hochberg said. "There were court authorized wiretaps that preceded that incident by many months and about ten large purchases of narcotics from Zoo Crew members that occurred before the alleged protest. This is a concern to the citizens of Newark. They are unrelated incidents."

"I'm not here to validate or invalidate anybody else's opinion, but to describe a very successful federal HIDTA operation that's meant

to clean up a neighborhood from the scourge of drug dealers," Hochberg added later.

Hochberg and John J. Coleman, special agent in charge of the DEA in New Jersey, did note however that two Newark police officers were on the HIDTA Task Force, but said they withdrew from the case after the June 7 incident. "In June, when we make everyone else in the city saw there was a problem developing over the other case, we realized immediately that there could be a perception that the Newark PD involvement in this particular case would appear to be somehow connected to the other case," Coleman said. "Realizing that we had to be sensitive to that perception we insured that the officers that were present did not take part in that operation."

Some defendants arranged later the afternoon scheduled to appear before Judge Ronald J. Hedges on September 3 for a detention hearing.

New Brunswick school sets survey strategy

By Brian Villa

NEW BRUNSWICK—School board members and administrators held an unusual public meeting, at the Rutgers University Graduate School of Education—a weekday, day-long "retreat" in which they began organizing, a public relations campaign to address the school's negative image.

"We've had a really tough last year school superintendent Ron Larkin said, after passing for nearly fifteen minutes to compose himself when several members of the board would not move where the board held its meeting.

In that time, the board has come under fire from numerous corners charging low educational achievement, outdated textbooks and inefficient spending practices. "Concerns such as these resulted in a ballot question last November to merge the school board on an elected board. The question failed by 492 votes. The board remains the only mayorally appointed board in the county.

The superintendent said "our public relations stinks," adding that he special needs school district and large met the state's basic educational competency scores this year, but is saddled with a poor reputation since it is assigned the challenge of solving the myriad difficulties of the City, a task that is "not always qualified."

His solution then was to solicit possibly commission-a survey conducted by Rutgers Center for Public Interest/Englewood Institute of Politics.

The survey proposal, "Planning for the Future: An Assessment of Student Enrolment" would cost an estimated \$2,000. Its purpose would be to "assess the dynamics of student enrolment" by having parents discuss their reasons for sending or not sending their children to the city's public schools.

The survey could then be developed into a mechanism "that could be used by the Board to assess the school's barriers parents have to sending their children to the New Brunswick schools" and to identify enrollment opportunities, the document stated.

The survey would have two components: focus groups and exit interviews. With focus groups, the survey would cover the image of the public schools, discussions of specific educational programs, student concerns inside and outside the district, and parental identification of education improvement factors. There would be two groups, parents who have children in the district, and those that do not.

Exit interviews would be conducted through questionnaires, the proposed stated, while students withdraw from the district, or through telephone interviews.

The high school and school system does not promote itself," Larkin said, pointing out that the school budget did not include a \$5,000 line item for public relations. He contrasted that to the public relations efforts of North Brunswick, which has billboards at strategic intersections and that of East Brunswick, which spends over \$150,000 on public relations and staff.

First Union reverses policy on check cashing

NEWARK—The complaints and criticism aimed towards First Union's check cashing policies has caused the bank to make an about-face in its services towards those without accounts who want to cash checks at the bank.

Saying it wanted to clear up any "confusion," First Union said it will waive check-cashing fees for non-customers cashing Aid to Dependent Children and Supplemental Security Income checks. This policy reversal, however, does not extend to any other government checks and some payroll checks, which are now subject to a fee of 90 cents, or two percent of the check's face value, whichever is greater. The fee is the same for checks charged by commercial check-cashing outlets in the state.

While this change appears to benefit the customer, the intention is to waive check-cashing fees for non-customers cashing Aid to Dependent Children and Supplemental Security Income checks. This policy reversal, however, does not extend to any other government checks and some payroll checks, which are now subject to a fee of 90 cents, or two percent of the check's face value, whichever is greater. The fee is the same for checks charged by commercial check-cashing outlets in the state.

Before the new policy announcement, and subsequent retreat, public relations and consumer groups were very vocal in their disapproval of the institutions charging non-customers more to cash a check than commercial check-cashing outlets.

Newark Westward Association Ronald Rice announced his intention to introduce a non-binding resolution requiring the city to withdraw \$35 million in public funds from interest-bearing First Union Bank accounts.

"They are either trying to strong-arm people into opening accounts or, we might assume, that the very nature of their policies First Union is saying that people of a certain economic status—the poor and from fixed income households—must open accounts. City council president Donald Bradley also denounced what he characterized as First Union's "take-it-or-leave-it" negative attitude" towards the city.

First Union was criticized for its recently-introduced, thumbprinting policy. The bank stated that, in order to deter fraud, those customers who cash checks at the bank but do not have a bank account would be required to give a thumbprint sample.

Drugs found in Hilfiger delivery

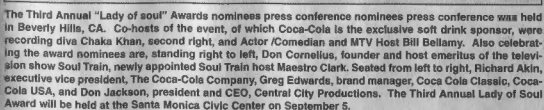
EDISON—The biggest drug bust in the township of Edison took place last Thursday when drug dealers accidentally shipped marijuana with a handbag to the manager of Tommy Hilfiger warehouse.

Deputy Chief Angelo Bekarian and his department learned of the 6,249 pounds of marijuana in a package that came from employees at Hilfiger's warehouse. Workers there found 82 extra boxes in their delivery that didn't carry the Hilfiger logo. Upon opening a few of the boxes, they realized that drugs were inside.

According to police, the marijuana was packed professionally in 72- to 81-pound vacuum-sealed packages. The shipment is thought to have been sent to the manager with Hilfiger clothes in Jamaica, The trailer carrying the drugs came to a shipping terminal in Middlesex County. No one ever came to retrieve the marijuana so it was shipped to Edison with the clothes.

Reports indicate that authorities don't think the drugs were put on the trailer after leaving the shipping terminal. It was expected that Bekarian would ask for permission to burn the marijuana.

Training and placement is goal of job center



NATIONAL BRIEFS

NNPA, Urban League and State Farm unite for youth achievement

State Farm Insurance Companies will team with the National Newspaper Publishers Association (NNPA) and the National Urban League in a program to promote youth achievement within urban communities. State Farm is contributing a three-year grant totaling \$1.2 million in support of "Achievement Matters." The program is an informational campaign that will work to increase community awareness of, and their involvement in, youth achievement; to combat anti-achievement culture in African-American communities and to stress to adults and community leaders the importance of emphasizing youth achievement.

The campaign will consist of targeted advertising and editorials in Black newspapers promoting the "Achievement Matters" theme. Sixty cities are being targeted for the program, which also will include community rallies, pledge cards, flyers and posters. "Achievement Matters" will be launched in Los Angeles on Sept. 20 to coincide with the National Urban League's youth celebratory events across the country.

Tuskegee University second in the nation in producing Black engineers

Tuskegee University is second in the nation in awarding baccalaureate degrees in engineering to African Americans, according to the July issue of Black Issues in Higher Education. Of the five major academic colleges at Tuskegee University, the College of Engineering, Architecture and Physical Sciences is one of the largest with an enrollment of more than 900 students. "Our ranking speaks for itself. Over 90 percent of our faculty in these areas hold Ph.D. degrees from the nation's most outstanding universities," said Dr. Benjamin F. Payton, the university's president. While there has been a nationwide effort to increase the number of minorities in engineering.

National day of protest to stop police brutality

"It's a nationwide epidemic—police brutality—it's a national outrage. It has to stop!" So declare the National Coordinating Committee for the Oct. 22 "Coalition to Stop Police Brutality." Last year thousands of people marched, rallied and protested in 45 cities against the continued rise in the number of civilian injury or deaths at the hands of police officers. On Oct. 22, 1997, the second National Day of Protest, organizers say they hope to constitute building a nationwide movement "that can raise a giant stop sign against racial murdering cops and those who unleash and protect them." On that day in cities all across the country, people of different nationalities are being invited to once again march, rally, hold poetry readings and other cultural events. Participants are encouraged to wear black in solidarity with the protests and in memory of the victims. For more information please call the Coalition at (212) 622-8596.

Features of the 27th annual Congressional Black Caucus Legislative Conference

WASHINGTON, DC—"Leadership Distinctions for the New Millennium" is the theme of the Congressional Black Caucus Foundation's (CBCF) 27th Annual Legislative Conference (ALC), set for September 10-13 in Washington, DC. The Washington Convention Center is conference headquarters.

CBCF Chairman LeBaron Taylor said, "We have designed an exciting new format this year in an effort to make the ALC an unforgettable experience for all who attend."

Included in this year's convention line up will be the National Press

Conference scheduled for September 10, the Issue Forum and Braintrust on September 11 and 12, and the black tie gala, which will take place at the historic Union Station on September 13. The Exhibit Program, which will be open daily throughout the conference, has an increased space capacity of 50 percent over last year. It will feature nearly 400 exhibitors and is open to the public. Attractions will include a Jobs Fair to link conferees with many of the nation's Fortune 500 companies, and free product samples.

Also on September 12, the Annual Awards ceremony will be held at the

Kennedy Center for the Performing Arts. Three awards to be presented are: The Harold Washington Award for excellence in coalition building, the George Thomas "Mickey" Leland Humanitarian Award for exceptional work in the struggle for human rights and social justice, and the Adam Clayton Powell Award for contributions to African American political awareness and empowerment.

A portion of the funds raised are used for the Congressional Fellowship, Internship and Educational Scholarship Funds program, and non-partisan research.

Five thousand black government employees rally to support home rule

WASHINGTON, D.C.—African Americans at all levels of federal, state and local government have recently attended the 19th annual conference of Blacks in Government, an organization representing 2.5 million black public sector employees.

The convention commenced with a press conference entitled, "Democracy, Is It Right For DC? Blacks in Government will support a national campaign to return local authority to the elected officials of the District of Columbia" and "legislative remedies" to be proposed by congressional representatives that will return authority necessary to allow the Government of the District of Columbia to govern.

"The citizens of the district who also live in what can be defined as a colony—pay among the highest federal and local taxes in the nation, yet now they have no local representation with authority to govern" said Oscar Eason, Jr. president of Blacks in Government. "What has happened in this town is the 'Occupation on the Potomac.'"

As a national organization of public service employees, who serve our nation in every capacity imaginable, we are greatly concerned that a population of Americans—a majority of whom are African Americans—has been cast beyond the protection of a constitutional democracy," Mr. Eason said.



Oscar Eason, Jr., President of Blacks in Government (BIG) tells a packed crowd at a press conference during the organization's annual conference that BIG opposes the action Congress has taken to strip away the power of local government. Mayor Marion Barry, Jr. of the District of Columbia, looks on. At the press conference, Mr. Eason told a national audience that the group would mount a nationwide campaign to support a return to local government.

Blacks in Government photo courtesy of Jim Wells

Black executive leads Boy Scout Jamboree



Roy Roberts, national chairman of the 1997 Boy Scouts of America National Jamboree.

By Marc Battle

As the highest ranking Black executive at General Motors Corporation, Roy Roberts is indeed a busy man. But the vice president & general manager of Pontiac-GMC doesn't let his career prevent him from making a positive difference in our communities.

Roberts is the National Chairman of the 1997 Boy Scouts of America National Jamboree, held this year from July 28-August 5. Located at Fort A.P. Hill, VA, the Jamboree attracts more than 35,000 participants from more than 30 nations. Roberts, in his usual trail blazing fashion, is the first Black to hold the position of National Chairman.

"It's about doing the right thing for people, showing that you care about this nation," says Roberts. "Scouting builds character. These young people are going to be our

future leaders, so we must get involved!" According to Roberts, minority participation in the Boy Scouts has increased over the last few years. This is due in large part to the Scouts' Urban Initiative Project, which is designed to recruit Blacks and Hispanics primarily. He notes that he never scouted as a youngster because his family could not afford the uniform. However, he has more than made up that lost time by working diligently with the Boy Scouts for the last two decades.

The Jamboree took two years to plan and is held every four years. The thousands of participants were joined by President Clinton; Secretary of the Army, Togo West; Members of Congress and countless other dignitaries. Transportation logistics were handled exclusively by Pontiac-GMC, which falls under the direct supervision of Roy Roberts.

UN wants to maintain over 2,000 troops in Angola

UNITED NATIONS, N.Y.—UN Secretary-General Kofi Annan has recommended a postponement of the current withdrawal of UN troops from Angola in view of the prevailing situation in the country. The scheduled withdrawal of the military units is part of the transformation of the UN Angolan Verification Mission (UNAVEM) to the UN Observer Mission in Angola (MONUA). Annan explained that his action was necessitated by the "prevailing precarious situation" in Angola, where a peace process aimed at ending the country's decades old civil war has been unraveling. The security council has blamed the former rebel group, Union for the Total Independence of Angola (UNITA), for the testing peace process, called the Lusaka Protocol. UNITA has delayed implementing its obligations under the protocol, including the demilitarization of its units and the restoration of state administration throughout the country.

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\$60,000.....\$2,500	
\$90,000.....\$4,000	

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From across America



Mr. and Mrs. Ballard are shown here with their children and, at center, Congressman Elijah Cummings (D-Balt.).

Charles and Frances Ballard receive the 1997 National Parents Day award

Charles Ballard, founder, president and CEO of the Institute for Responsible Fatherhood and Family Revitalization along with his wife Frances Ballard, executive vice president of the Institute received the national parent award on National Parents Day.

President Clinton in his National Parents Day salute said, "It's no surprise to any of us that the National Parents Day Foundation has chosen you as its honoree this year. Your

incredible work to restore the family ideal as a tool for healing the community is felt in homes, in communities, and in the nation."

In celebration of the Ballards and National Parents Day, congressional leaders Senators Orrin Hatch, Joseph Biden and Representatives Floyd B. D. Burton authors of legislation supporting strong families, hosted a reception in the Ballards' honor.



HEALTH CARE

Take good care of yourself

September is Minority Health Month. As African-Americans, we are at a crossroads in the area of healthcare and service provision. Not only is the subject of affordable medical care a major issue among us, with approximately 22,000 Black doctors in the United States serving a population at least 32 million, it is an area in great need of upgrade in terms of services and improvement.

The needs of healthcare providers and patients must evolve, to keep pace with a changing industry. Blacks in New Jersey spend over \$47 million each year on health care, and every individual feels the cost. In a continuing effort to inform our readership, effect change and provoke consciousness for our community, it is not a coincidence that *City News* will officially launch an expanded HeartBeat section during a month set aside to focus on activities directed at improving our health. The relevant section, which remains a weekly feature, deepens its focus of issues of health, as well as facets of medical care among African Americans from the traditional to the alternative.

This section has proven to be one of the most popular sections of the newspaper. Your input, vital and we welcome, is continuing. Using comments, HeartBeat will continue to provide New Jersey's Black community with a vital resource for information and education on wellness. In this area, there are needs that have to be fulfilled in order for a condition of health to exist. This section will help you meet your needs.

Black Power arrives in San Francisco

By Harry C. Allford

I travel to many cities and meet hundreds of advocates and community leaders. There are some cities that have people who are more progressive and courageous than others. There are some cities that have people whose mindsets belong to a "plantation." As a whole the nation is starving for strong Black leadership and organization. With the payoffs, infiltration and timidity plaguing our people, it is going to be awhile before we can emulate the organizations of the past.

Ten percent of the brave warriors who attended the beautiful city of the Bay has been making over \$100,000 in salary. Educated, professional and courageous Black men ready to march, move forward and empower their people. So many sergeants, lieutenants, captains, etc. but so few who can handle the duties of generalship.

Proponents of the beautiful city of the Bay has been faced with an organized challenge to the Black community. The famous Fillmore District which was rich in Black culture and business activity faced the bulldozer a couple of decades ago and over 283 Black families, businesses and thousands of Black residents uprooted in the name of urban renewal. This was followed by such an overall plan to the core of the Black population out of the city. The scheme was to shut down public housing and rede-

velop the lower income Black communities and transform them for up and coming white puppies.

It was under former Mayor Frank Jordan, that the plan was made so clear and the people began to rise up and fight it. The first thing was to replace Mayor Frank Jordan and God sent the incorporeable Willie Brown to the rescue. Blacks responded to Willie Brown's election bid by turning out a 98% vote. San Francisco got its first Black mayor, but alas it appeared that it has the best mayor in its history - a mayor for all of the people.

The residents of public housing have organized and are taking control of their own destiny. It is not yet perfect but what you see is a push towards Section 3 of the HUD Act which is allowing a significant portion of the residents to find jobs through HUD funded projects. Small contracts are even being let out by the tenants associations and this page 2, SFC ensures local business involvement.

Black contractors were not getting their fair share of the huge airport expansion. They organized and applied the needed pressure. Today they are doing millions of dollars in meaningful work. Blacks are realizing the true meaning of accomplishment by "The People" has been the new football stadium referendum. They now know what advocacy, dedication to the cause and courage can do. It can bring victory and economic empowerment.

The teen crisis

By Earl Orloff Hutchinson

Recently I arrived to meet an acquaintance at his office only to find it locked. As I waited in my car for him, a young man who looked to be in his late teens walked rapidly toward my car. He was dressed in trendy hip-hop style baggy pants and an oversized jacket.

My first impulse was to roll up the car window and lock the door. I watched him closely until he was out of sight. He was a Black male, reacting with momentary panic and fear to the sight of him. But I knew why I did. He was a teenager, and teenagers are a mix of all the popular teens with the same mix of caution of fear.

In February, President Clinton called juvenile crime the "ultimate threat to our country" and called for increased funds for more prosecutors and judges, as well as a crack down on gangs. Congress quickly passed a bill, which provides \$1.5 billion in federal grants to states that try to reduce juvenile crime. The bill permits 14-year-olds who commit major felonies to be tried in federal courts. Public fear of youth crime and violence are not totally the product of media sensationalism and vote hungry politicians. The arrest rate of juveniles in the last five years has soared 65 percent in the last five years and the murder rates have climbed even higher.

In 1996, four cities accounted for more than 30 percent of juvenile arrests for violent crime in the nation, and six states accounted for half of the nation's juvenile arrests. In May, the arrest of a Long Beach, California teen in the slaying of a seven-year-old girl at a party in the Long Beach area, led to the arrest in June of Malcolm Shabazz, the grandson of Betty Shabazz, on

murder charges in her arson death. The charges for the murder of the image of a generation gone bad.

But how bad? While there is much cause for concern about teen violence, statistics do not completely one of doom and gloom.

Drugs. In February, President Clinton declared a new war on teen drug use and announced a \$500 million bill to fight the word out. This is not wasteful spending. Drug use has climbed among teens during the past two years. It's not just marijuana use. More teens are using cocaine, LSD and heroin than ever before. And the social and economic danger of illicit drugs. Surveys show that more than 70 percent of youth claim that they have never tried an illicit drug.

Violent Crime. Although teens accounted for one out of the five arrests for violent crimes in 1995, less than one percent of juveniles were arrested for any offense.

The battle against teen violence requires the efforts and cooperation of teachers, school officials, law enforcement, and most importantly parents. Since 1991, 16 states have enacted parental responsibility laws that hold parents accountable for their children's behavior. This has produced significant results in lower vandalism and property damage.

Fortunately more teachers, administrators, law enforcement officials and parents understand the key to reducing juvenile crime is to spot troubled behavior early and quickly intervene. This won't stop teens from trading youth from becoming full-fledged predators, but it recognizes that most youth aren't bad. And that's good news.

Dr. Earl Orloff Hutchinson is the author of "The Assassination of the Black Male Image."

What the 'Get tough on crime' wave got us

By Dr. Lenora Fulani

Several states have plans to build new prisons called "super-max" prisons—short for super maximum security. Advocates for these new and expensive jails tout them as a break-through in protecting society from the most hardened criminals.

The super-max prisons lock down inmates 23 hours a day, strip search them on their way to one hour of recreation, deny them TV, books and newspapers and any contact with the outside world. These horror chambers are the latest product being sold to the American public by one of the country's fastest growing and most aggressive industries—the prison industry.

Much of the public pressure for the super-max prisons—which states like Illinois will be \$140,000 per bed to build, more than the cost of the average house—comes from reports that the inmate prison population is on the rise. Assaults between prisoners and by prisoners against guards have increased over the last 10 years, and correctional assets are being stretched for greater protection for themselves. Some criminologists dispute these reports, but a "get-tough-on-crime" bill at the pattern of violence inside the prisons sheds light on how the prison lobby has been able to win support for these grossly expensive and inhumane projects.

Since 1980 the prison population in America has tripled. The get tough-on-crime wave which created the prison sentencing, three strikes you're out, and no opportunity for parole filled the prisons with mainly non-violent, drug offenders. Sixty-five per-

cent of the prison population—now split almost to close to a million and a half, the highest of any western industrialized democracy—are non-violent offenders.

Consequently, if violence is on the inside the prison system, it must be the case that the prison system itself is making inmates violent. To the extent that the prison system is now super-max system means that we have created a prison system within our prison system, an infinite regress of violence and unusual punishment.

Some proponents of the super-max system, including politicians like Congressman Bob McCollum of Florida, chairman of the House Subcommittee on Crime, argue that the super-max system is needed to contain "super-bad" criminal offenders who cannot be rehabilitated. While it may be true that some prisoners are so angry, so mentally ill and so violent that they pose a danger to society, whether they could re-enter society, the broad issue of rehabilitation is really the issue of whether or not we believe that all people can be rehabilitated. I don't think it follows that they will always do dreadful things.

We have got to re-focus and reinvest in rehabilitation. If we don't, we will be trapped in an endless cycle of crime, incarceration, violence and more brutal punishment—all at extreme financial and human cost to our country.

Dr. Fulani currently chairs the Committee for a Unified Independent Party.

The African holocaust, reparations and apology

By Malik Russell

What value does a tear cost? What monetary value should we place on the total dehumanization and brutalization of an entire people? Which Wall Street financial wizard will calculate the cost of seeing a fetus ripped from the belly of an African mother and stomped to death as a deterrent to freedom? Where do we begin to determine the adequate compensation for 100 million deaths, families shattered, sun-up to sundown work, the deprivation of the fruits of one's own labor through a state-sanctioned system of oppression for over 400 years or simply a dream deferred? Tough questions. Well, for some a simple apology would be enough, just an apology. For others, all the gold in Fort Knox would be a start.

One myth states that the Dutch colonizers purchased the island of Manhattan from the Native Americans for a sachet of worthless trinkets. If the Native Americans still owned Manhattan, California, or Texas, what would they demand in an apology? They might say, well, him, Fort Knox is a start.

That is time when the "West" was being "won" and "Destiny" was manifesting herself all over the globe. The government of the United States has partially acknowledged her unenviable acts by attempting to redress its crime against the Native Americans through reparations. Since 1971, \$1 billion and 44 million acres of land have been returned to the Native Americans; \$81 million to the Klamath of Oregon; \$105 million to the Sioux of South Dakota; \$123 million to the Shoshone of Florida; \$100 million to the Chippewas of Wisconsin; and \$32 million to the Ottawas of Michigan. North of the border, the Canadian government has provided over \$200 million and 250,000 square miles to Native Americans and Japanese indi-

viduals.

Contrary to beliefs popular among some folks, reparations is a well-accepted practice among nations of the world. Germany and Austria, as acknowledgment of their atrocities committed against the European Jewish community, have paid over \$1 billion to the victims of the Jewish Holocaust. In November of 1992, the World Jewish Congress and the Jewish Material Claims Against Germany negotiated an additional agreement with the German government paying up to \$650 million by the end of the century to Jewish victims of Nazi persecution. Again, in 1992, the U.S. Office of Reparations (It does exist) agreed to increase the \$1.2 billion (\$2,000) per person granted to Japanese Americans wrongfully imprisoned by U.S. authorities during World War II.

The billion dollar question for the 40 million descendants of enslaved Africans remains: "Why pay reparations (Moors) suffered from 1619-1865 under the cruellest system of oppression seen to date. Add to that another 100 years of lynching, second class citizenship, illegal discrimination and without the right to vote until the Voting Rights Act of 1965. The World Jewish Congress and the U.S. Office of Reparations could today with state-sanctioned drug dealing and institutionalized poverty and too many to count. It is a long and painful journey to the land of the living and the land of the dead."

Currently, an attempt by one legislator to have the U.S. government apologize for slavery has created a national debate often ugly at times. In fact, one opponent argued that the U.S. government owes reparations for its forefathers loss of 435 slaves. I say pay him for his loss and then let him pay the ancestors of his enslaved African people.

Malik Russell is a Washington-based freelance writer.

Cong. Conyers hasn't given up on reparations

By Lian Washington, Jr.

Those who think that racism is no longer a problem for Blacks in America "are either naive or they're charlatans." This is the blunt assessment of Congressman John Conyers (D-Mich.).

A long-time advocate of equal rights, Conyers is the congressman who has fought since 1985 for the establishment of a national commission to study the feasibility of paying reparations to Blacks as an equitable remedy for the legacy of slavery and post-slavery segregation. Each year, the bill gets bottled up in committee. Predicting that Clinton has issued a commission to study racism in America, and some white members of Congress are advocating the issuance of an apology to Blacks for slavery.

Conyers feels the presidential commission and the Congressional apology are steps in the right direction. "If we don't take these steps, the meaning efforts will fall short of what is needed to really attack the ravages of racism."

The president is honest enough to say we have a problem. There is to say with racism in this country. Good night! Just look at the FBI hate crimes statistics which are on the rise. Look at the burnings of Black churches," said Conyers during a telephone interview with *City News*.

While offering praise for the new initiatives, Conyers is clear on what he thinks is required to meaningfully address the problems spawned and sustained by racism.

"You can't remedy racism without programs," he said. "Individuals are isolated by federal laws barring discrimination in areas like housing and education but we still have the problem. We still have ghettos in every major city and many small cities, and we've had these for a long time."

The conditions in these ghettos

create crime and the need for welfare," Conyers continued. "We all end up paying for the problems created by these conditions."

While crediting Clinton, Conyers condemns the stance of House Speaker Dan Rostenkowski (D-Ill.). The Republican leader is opposing budget bipartisanship effort to apologize for slavery and he is supporting an effort by Congress to pass legislation to eliminate all federal affirmative action programs.

The president has asked for a dialogue. He wants a lowering of voices on the race issue," Conyers said. "Newt Gingrich laughs at this. He is working night and day to eliminate any programs to help heal the wounds of racism. He is supporting efforts to strip away what is left of (federal) affirmative action programs. He is supporting efforts to strip away what is left of (federal) affirmative action programs. He is supporting efforts to strip away what is left of (federal) affirmative action programs."

Gingrich has termed the proposed legislation "polite racism syndrome," contending it will not solve problems. He says he would rather see efforts to improve education.

Conyers said Gingrich's posture is hypocritical because he really opposes both mechanisms that would help individuals affected by racial discrimination and broader group solutions to problems arising from racism. The legacy of racism, beginning with slavery, must be addressed, Conyers said.

One "obvious" example of the continued existence of racism, Conyers said, is the problem of African Americans "locked up."

The National Criminal Justice Commission's 1996 report stated "racial discrimination, penalizes African Americans at almost every juncture in the criminal justice system." This report cited racism in prosecutive decisions, severity of charges, prosecutions, sentencing, rates of imprisonment and imposition of the death penalty.

We really commonsense Black?

By George Wilson

We, who are the citizens of the District of Columbia have been forced to come to grips with the fact that Washington is thoroughly controlled by outside forces, not those elected by the people.

One line of discussion among lawmakers a plan was put into motion to "rescue D.C." The following is some of what was offered:

"The federal government must assume pension liability for police officers, firefighters and teachers."

"A provision to lend the city up

to \$300 million for a 10-year period," and provides tax credit for single first time home-buyers and joint filers.

I am sure some would say that it seems like Congress is offering D.C. a good deal to straighten itself up. Unfortunately the help comes with a catch. The elected Mayor and City Council must surrender their powers to the appointed financial control board.

What remains for residents of the nation's capital is whether or not they will allow their vote to count for nothing.

Should major institutions have white caucuses?

By Asika Muhammad

The recently concluded 19th Annual Training Conference in Washington of Blacks in Government (BIG) reminded me of a church I had, not long ago, with a White colleague. The subject of Black and women's caucuses in major institutions came up. "If Blacks and women can have their own organizations," he wondered, "why shouldn't Whites have their own caucuses? Why shouldn't men have their own caucuses?"

For me the answer was self evident. There isn't a need for a group within American society to work in behalf of the interests of white males because they are already running things in their own interest just fine, thank you.

A White Male Caucus in Congress would be redundant. Congress and the Senate are already White male bastions. There is no place with a high level of ambient testosterone in the air...The same is true of the State Department, the Commerce Department, the Agriculture Department, the same is true of Wall Street, and throughout corporate America.

The only reason that we're in business because of racism and discrimination in this country," BIG President Oscar Eason Jr. told this year during a break in his conference's proceedings. "And more

specifically, racism and discrimination in the workplace, in the public sector. If there were no racism, if there were no discrimination, then there would be no need for an organization to advocate on behalf of African American employees," he said.

Sadly, the sun has yet not risen on a single day in America when White people were not to be concerned about racism that such considerations did not "color" their entire outlook on life.

Consider California Proposition 209—the "Civil Wrongs Initiative." Innocently enough the Proposition seems to outlaw racial discrimination. But its true intent is just the opposite, and its affect has been un-errring.

Black admissions to law schools in the University of California system, are now non-existent. They have fallen off to practically zero. That was the law's intent. And that intent has been enacted by the legislature. The margin in 1994, just like in 1996, was two-to-one, in favor of "Civil Wrongs."

White folks—especially in California—argue, they say, at the inclusion of "less qualified" Black candidates in law school and medical school admissions, have been fighting since the days when Allen Bakke fought all the way to the Supreme Court in 1978, to overturn U of C med school admissions policy that took into account, for remedial purposes, the 400 years of systematic racial discrimination against Blacks in America.

To say that White folks are obsessed with keeping Black folks "in school" is an understatement. Otherwise, White voters in California, for example, would have been more alarmed over the fact that their state has built 21 new prisons, but only one new college since 1990. Otherwise they would have been more alarmed over the fact that it costs their state \$25,000 a year to give a "homebody" scholarship to San Quentin State Penitentiary, about the same as it would cost to send him to Stanford, a prestigious private college there.

And while I may never understand how White people come to such conclusions, I am very clear about the need for Black people to organize to defend and protect their rights. I am also very clear that such efforts on the part of Blacks is in no way Black form, to be confused with anything anyone could ever truthfully say with a straight face is "racism in reverse."

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Publisher
Dr. Henry C. Johnson Sr.
Editor in chief
Jan M. Johnson
Writers
Darlene Lamont Jenkins,
Sonya Kimble Ellis
Layout
C.J. Johnson
Advertising Director
Henry C. Johnson Sr.

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BUSINESS CALENDAR

TUESDAY, SEPTEMBER 9

SADDLE BROOK—How to develop and deliver powerful employee orientation programs - a one day seminar for managers, supervisors and HR personnel at the Holiday Inn Conference Center. For more information, call 1-800-821-3919.

BRIDGEWATER—Somerset County Chamber of Commerce invites you to attend their monthly networking social at Duke Island Park from 5:30-7:00 p.m. For more information, call 908-725-1552.

NEW YORK—"The Voice of Authority" is a breakfast symposium featuring NYCHA, DASNY and NYCSCA at the Plaza Center, 235 East 42 Street. Cost: \$45 for members, \$55 for non-members. For more information, call (212) 687-0610.

RACKENBACH—The New Jersey Association of Women Business Owners present a free seminar titled: "Are you an Entrepreneur?" At the Berger Workforce Center. Registration required. For more information, call 908-560-9507.

NEW BRUNSWICK—The Middlesex Chapter of the New Jersey Association of Women Business Owners will hold a meeting/dinner program entitled "Small Business and Technology at the Hyatt Regency." Cost: \$27 for members, \$32 for guests. For more information, call 732-640-9940.

WEDNESDAY, SEPTEMBER 10

IRVINGTON—The Township of Irvington and the Regional Alliance for Small contractors are sponsoring the Contractors Association Program. The event will be at the Senior Civic Center in Irvington. For more information, call 609-392-2600.

PLAINFIELD—The Plainfield/North Plainfield YWCA Urban Women's Center sponsors a workshop entitled "Interviewing Techniques" from 10 a.m. to noon. For more information, call 908-756-5000.

THURSDAY, SEPTEMBER 11

NEW BRUNSWICK—The New Jersey State Bar Foundation will present a free public seminar on wills and estate planning, 7:30 p.m. at the New Jersey Law Center. For more information, call 732-937-7518.

PLAINFIELD—The Plainfield/North Plainfield YWCA Urban Women's Center sponsors a workshop entitled "Transitioning Training from 7-8:30 p.m." For more information, call 908-756-5000.

FRIDAY, SEPTEMBER 12

NEW YORK—How to Develop and deliver powerful employee orientation programs - a one day seminar. For more information, call 1-800-821-3919.

Eight ways to reduce credit card costs

Credit card bills got you down? Below are eight ways to reduce the costs of borrowed money:

1. Switch to a low-interest credit card. This is especially important for the approximately 70 percent of credit card users who carry a balance from month to month. Why pay 18 percent or more when you can probably get a credit card for 12 percent, or even less, with a short (e.g., 6 month) "teaser rate?" To obtain a list of issuers of low interest credit cards, call RAM Research at 800-344-7714 or 389-5445.

2. Avoid using high-interest department and specialty store credit cards. Many charge rates are in the 20 to 22 percent range. Virtually all of these stores also accept lower-rate bankcards (e.g., Mastercard) today, making their use unnecessary.

3. Beware of credit card advances. Advances are a high interest rate than purchases. Dito for credit card "convenience checks." They work the same way as cash advances and are costly.

4. Accelerate debt repayment.

By paying more than a lender requires. One example is the use of home equity loans for car purchases. Repay the loan over two to five years, not the bank's 10 or 15-year home equity loan schedule.

5. Request a PowerPay analysis from Rutgers Cooperative Extension. PowerPay is a computer program which shows the time and dollars saved by applying money previously used for a debt that is repaid to other creditors. The total amount paid

monthly toward debt remains the same until every debt is reduced to "0."

6. Seek cheaper sources of money than credit cards. Alternatives might include borrowing against a cash value life insurance policy or 401(k) plan, family loans, and borrowing from a credit union.

7. Negotiate a discount from lenders. Many credit card issuers will reduce annual fees and interest rates upon request. Call them on their

toll-free number and hint that you will switch to another credit card less your request is honored.

8. Repay credit bills quickly, as soon as you receive your monthly statement. If you pay your bills promptly—early in the billing cycle—this will decrease the average daily balance because there will be fewer days with a higher balance upon which interest is charged.

Small Business:

68 percent say federal policies fail to promote strong economy

WASHINGTON, D.C.—A recent survey of Nation's Business magazine readers found that an overwhelming 68 percent think current federal economic policies do not go far enough in promoting economic growth and business productivity. Nearly half of the survey said tax reform would provide the biggest boost to productivity and growth.

When asked what tax changes they think would spur economic growth 46 percent of respondents preferred simplifying the tax code and reducing compliance costs while 44 percent favored removing disincentives to saving and investing.

On the subject of which legal reforms would best boost economic growth, an overwhelming majority those limiting punitive damages in

product-liability cases, while 21 percent favored apportioning financial responsibility for non-economic damages, like pain and suffering.

The survey was based on 1,377 respondents to a "Where I Stand" poll in the July issue of *Nation's Business* magazine, the flagship publication of the U.S. Chamber of Commerce. The over 860,000 subscribers to this publication are primarily the owners or managers of small-to medium-sized businesses.

Martin Regalia, U.S. Chamber chief economist, said, "Even with the successful passage of the tax and spending cut legislation, it is clear from these results that America's business leaders consider an overhaul of America's tax system the top priority to expand job opportunities, raise pro-

ductivity and increase economic growth."

In survey after survey, business leaders have told us that America's tax system is outdated and out-of-control. Changes must be made to ensure the government's economic priorities focus on long-term growth and fiscal prosperity."

The survey also showed that 65 percent believe improved instruction in public elementary and secondary schools is the top priority for education and training reforms.

Regalia's effect on small business remains a top concern. Eliminating conflicting regulations, allowing more flexibility, and reducing the amount of regulatory paperwork garnered equal attention, or about 20 percent, from those responding.

For aspiring business owners

The Irvington Enterprise Zone, in conjunction with the NJ Economic Development Authority, is sponsoring an Entrepreneurial Training Institute for aspiring business owners.

The intensive six-week seminar provides an innovative combination of training, technical assistance and financing opportunities to help you initiate, manage and maintain a successful business.

The six-week course will run each Monday, from 6-9 p.m. at the Irvington Senior Citizens Center, 1077 Springfield Avenue, beginning September 15 and ending October 27.

For information, call 973-399-5636.

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16-year-old suspect charged in kidnapping

Pateron detectives are charging reports that the 16-year-old suspect accused of kidnapping a baby from a hospital maternity ward either delivered a baby or miscarried some time last month. Questions are also being raised about the involvement of another woman in the case.

The girl, whose name is withheld because of her age, is charged with kidnapping, interfering with child custody, and endangering the welfare of a child in the kidnapping of Karon Star Kinson August 20.

Scheduled to be in court this week for a hearing regarding her

release from the Passaic County Juvenile Detention Center, the young woman's trial is scheduled for September 15.

A detective testified in court on August 22 that the young woman admitted her guilt, telling investigators in the case that she planned the kidnapping, saying she was going "to a hospital to take a baby out."

Accounts differ as to the circumstances leading to the kidnapping. The suspect's aunt said the girl was never pregnant, but others, including her brother and a

cousin, said she has been pregnant prior to a July trip with her mother to North Carolina. The mother of the suspect's boyfriend also said the girl had been pregnant, but tried to keep it a secret. No one knows who happened during the North Carolina trip.

The suspect obtained a visitor's pass to the maternity ward of St. Joseph's Hospital and Medical Center. There she entered the room of Josephine Smith, offering to watch her newborn son while she went out of the room.

When Smith left the room, the

suspect put the baby in a shopping bag and left the hospital.

During the August 22 hearing, the suspect's attorney raised questions about the woman who led police to the baby late in the evening on the day it was kidnapped. Brenda Champion has denied any involvement in the abduction, saying that she wound up with the baby after the suspect asked her to take the baby home, telling her that the baby was her own, but she wanted to hide it from her mother. Champion later asked a relative to call police.

Mayor supports census sampling



Mayor J. Christian Bollwage

ELIZABETH—Mayor Bollwage has joined the US Conference of Mayors and his colleagues across the nation in calling on Congress to support the Census Bureau's plan for

the most accurate count possible in 2000, including the use of sampling and statistical methods to ensure that all Americans are counted.

The Census Bureau's plan uses aggressive outreach partnerships with local governments and community organizations, paid advertising, and multiple opportunities for people to obtain and send in a census form. The plan would also include using sampling techniques to account for those who fail to respond to the Census questionnaire or follow-up visits.

The Bureau's plan to use proven sampling and statistical methods to include even the hardest-to-count Americans is endorsed by numerous independent experts.

Lautenberg hosts roundtable discussion on mentoring



Senator Lautenberg poses on the grounds of the Liberty Science Center with some of the participants in the roundtable discussion on mentoring.

Senator Frank Lautenberg will host a roundtable discussion on mentoring at the Liberty Science Center in Jersey City followed by a tour of the center and nearby Ellis Island. Participating will be 20 children and their 20 mentors, from the "Big Brothers, Big Sisters" and "10,000 Mentors" programs. The participants are coming from all over northern NJ, Hudson, Essex, Monmouth, Hunterdon, Warren and Sussex counties.

Recognizing that all children and adolescents need caring adults in their lives, and mentoring is one of the most effective ways to fill this special need for at-risk children, Senator Lautenberg will introduce the Jump Ahead Act of 1997. The special bond of commitment fostered by the mutual respect inherent in effective mentoring can be the tie that binds a young person to a better future. Through a mentoring experience, adult volunteers and participating

youth make a significant commitment of time and energy to develop relationships devoted to personal, academic, or career development and social, artistic or athletic growth.

The Jump Ahead Act enhances the basic successful structure of the Juvenile Mentoring Program of 1992 (JUMP), and increases awards to up to \$200,000. It also increases authorized funding to \$50 million per year for four years for a total of \$200 million. This initiative will not only, vastly increase the number of mentoring programs able to receive grants, but it also creates a new category of grants that will enable experienced national organizations to provide needed technical assistance to emerging mentoring programs nationwide.

Format for the Day includes: New Jersey Nets Hoop Zone - The New Jersey Nets will set up an interactive bus next to the Science Center that has a foldout basketball court and other games. The bus will serve as a

meeting place before the formal program where the children can shoot baskets, pose for pictures next to life size mock-ups of NBA stars and play some of the games on the bus. The bus will also be available during the lunch break and after the tour of the Science Center.

Introduction and Roundtable - Senator Lautenberg will greet the mentors and mentees and introduce the other "super mentors" for the day. The super mentors will tell their kids about their professions and life stories, and discuss how their own mentors opened new life opportunities for them.

The mentors are: Sharon Ransavage, former Hunterdon County Prosecutor and Past President of the NJ Prosecutors Association, Willis Reed of the New Jersey Nets, Kim Childs of WBGO Newark, Ernie Anastos and Brenda Blackmon of WFOR and Ms. Grace Harry of the Refugee Project.

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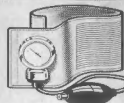
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HealthBriefs

Oxford Health enters agreement with Breast Care Center at Englewood Hospital

NORWALK, CT.—Through its Specialty Management subsidiary, Oxford Health Plans announced recently that it has entered into an innovative agreement with the Breast Care Center at Englewood Hospital and Medical Center to provide total, coordinated care for women undergoing breast cancer diagnosis.

Specialty Teams comprised of qualified health professionals coordinate and provide all facets of care automatically, using an agreed upon treatment protocol. Providers are reimbursed on a predetermined case rate upon reaching critical clinical milestones.

The Specialty Management agreement with Englewood is designed to help the formation of breast care Specialty Teams, including oncologists, cytopathologists, radiologists, surgeons and all the specialists needed to provide complete care. This team approach results in each patient receiving care in a coordinated manner.

Arthritis Foundation seeks volunteers to help stamp out myths about crippling disease

The Arthritis Foundation, New Jersey Chapter, is seeking volunteer speakers to help dispel arthritis myths. Volunteers are needed to become part of the Chapter's Speakers for Arthritis program to give talks to community groups such as senior centers, civic, and social clubs. No public speaking experience is required to become part of the Speakers for Arthritis program. Volunteers are provided with information on arthritis, sample presentations, and the "how to's" in a free training workshop.

The next training workshop will be Wednesday, September 10, 1997, from 5:30-8:30 p.m. at the Arthritis Foundation, New Jersey Chapter, office in Iselin, New Jersey. Advance registration is required.

For more information or an application, contact the Arthritis Foundation at 908-283-4300.

Muscular Dystrophy Association teams with AT&T to raise funds

TUCSON—The Muscular Dystrophy Association (MDA) recently announced two programs with its new national sponsor AT&T that will raise significant new income to support MDA's efforts to fight muscular dystrophy and other neuromuscular disorders.

AT&T will donate AT&T Secretary Service that will enable MDA supporters to make secure "cyber" donations over the Internet. For the time being, the MDA 47-year fundraising history. The site, www.mdausa.org, was designed and hosted by AT&T Web Site Services.

AIDS Memorial Quilt comes to Somerset County as part of the fight against the disease

For the first time ever, one of America's most moving and popular memorials will be on display locally for the first time. The AIDS Memorial Quilt is coming to Somerset County. Approximately 50 12x12 sections of the quilt will be on view in Raritan, December 5-7 in recognition of the World AIDS Day, December 1997. Since 1987, over 76,000 people who have died as a result of AIDS have been memorialized by a handmade, unique tribute panel, part of a larger quilt. The events further serve to raise funds for research and will directly aid those infected and affected by the HIV virus in Somerset County. For more information on the Quilt Display, volunteer opportunities or to make a donation, contact Michele Horn at the Resource Center, 908-704-9641.

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Get City News delivered to your home.
Call 908-754-3400

HEARTBEAT

Sarcoidosis: the mystery disease

When you tell someone you have the disease sarcoidosis, the question is asked: "What is sarcoidosis?"

Most victims do not show outward signs of any problems, while others suffer physical impairments and can explain more readily how they are affected because something shows. So you reply as concisely as possible: "But it is hard when the victims themselves, and the doctors, do not know where the disease originates or how to cure it." Medical conditions continue to be held with doctors in attendance from worldwide. Those afflicted try to adapt the best they can. To add to this dilemma, victims may also be afflicted with other diseases as well.

In general, people look at you at a later date and completely forget to realize that you have the disease, for once again, when no physical signs show, think you are fine.

Join takes a large toll on a person and can create havoc in one's life while trying to conduct his/her daily routine. Some victims can be misin-

formed on a medical maintenance program, while others feel heavily burdened on themselves and their families and have committed suicide. To convey the anguish a suicidal victim feels, his daily journal is the stages of publication.

Sarcoidosis can affect a primary site in the body or it can generate a multitude of problem within the body. The disease can be in remission for short or long periods of time, and then flare up, or it may remain constant. The emotional strain of the pain and its effects on one's body can only be understood by other true pain sufferers.

In today's society this disease is still in the shadows. Most monies are directed towards the research of AIDS, muscular dystrophy and the like. A prominent doctor in the field of sarcoidosis made the statement that out of the research for these diseases just possibly the finding might shed light on sarcoidosis. All we can do is hope and pray that this happens and to continue in our efforts to enlighten

people about sarcoidosis.

The facts:
"They don't know what causes it. They don't know how to cure it. They do know it is chronic, debilitating, disabling, and can kill—or lie dormant."

It is rare enough that the government only recently allocated money for research. National Institute of Health has given ten grants.

It is common enough that there have been few national headlines, no televisions nor major fundraising.

It is common enough for a national resource center and international association to exist to disseminate information, provide support and encourage research.

It is common enough that it is found worldwide with estimated millions of people affected, thousands of them chronic and disabled. While the disease does not kill, complications can lead to death.

Sarcoidosis is thought to be a

disease that occurs predominantly in blacks; however, in a survey of 1000 patients compiled by the National Sarcoidosis Resource Center "of the 998 respondents for whom race was given, 477 were white, 497 were black, and 24 were "other" (primarily Hispanic)."

Its masquerading ability to symptomatically appear as other more common diseases makes it difficult to diagnose.

Its unfamiliarity among physicians, all healthcare professionals, social workers, and government agencies make it difficult for victims to receive proper treatment and care.

It is important enough to have received recognition from New Jersey Governors Jim Florio and Christine Todd Whitman and former President George Bush.

The symptoms and the challenge:

Like the tricksters on Halloween, Sarcoidosis hides its true identity behind a mask appearing outwardly as

something else.

This is a complex, enigmatic and non-communicable disease that is often mistaken for multiple sclerosis, rheumatoid arthritis, asthma, cancer, and other autoimmune diseases. Sarcoidosis manifests itself differently in different people which is one of the reasons it is so hard to diagnose. The symptoms can range from mild to severe; they can lie in remission or progress causing disabilities.

Diagnosis: The unique feature associated with Sarcoidosis is the formation of small inflamed nodules, called granulomas, that are sometimes misdiagnosed as cancerous tumors. The granulomas can produce arthritic joints, enlarged spleens and livers, cause skin rashes and can cause complications that can be fatal.

The presence of granulomas is indicative of the disease and can be diagnosed by biopsy.

Prognosis: Currently there is no known cure for the disease; but medication can help relieve the symptoms.

By Dr. Stephen H. Schneider

To determine if you are at risk for developing diabetes, first check your family medical history, then check out your hips and abdomen.

It's common knowledge that a family history of diabetes is an important factor in an individual's risk of developing the disease. It is relatively unknown, however, that those with a family history of diabetes are more likely to get it if they put on weight in their abdomen as opposed to their hips.

The theory is that as abdominal fat drains through the liver an excess amount of sugar and fatty substances are produced that can hasten the development of diabetes. But fat that is deposited around the hips is channeled through the blood vessels and is diluted before it reaches the liver, resulting in the production of fewer substances. Like sugar and fats, that engender diabetes.

This is why dietary control and regular exercise are critical to avoiding this debilitating disease, which can cause blindness, kidney malfunction and nerve damage.

Some 16 million Americans have diabetes, and about half of them don't know it because they don't recognize certain symptoms such as frequent urination and unexplained thirst. It is also estimated that some 60 percent of the United States population has the genetic predisposition to develop Type II diabetes. Type II diabetes produces varying levels of insulin, the hormone that controls blood sugar levels and often does not require insulin injections. Type I diabetes requires daily insulin injections because no

insulin is produced in their systems.

The number of diabetics in the United States has nearly doubled since 1983, with an increasing number of African-Americans, Hispanics and Native Americans developing the disease. But that number can be reduced if those at risk get regular screenings and follow these guidelines:

Proper nutrition. Regulating sugar levels can be accomplished with a healthy diet that consists of fish, meats, vegetables and fruits. Fish oils may decrease blood pressure, improve blood fat levels and improve the blood-clotting system. But they may also impair insulin production and increase the blood sugar in some patients.

Stay slim. Keep your body weight proportionate to your height by eating nutritionally and exercising regularly.

Avoid fried, fatty foods. It is well documented that foods that are fried or are rich in fat will elevate your cholesterol level and contribute to obesity. Studies suggest that carbohydrates are not risk factors for developing diabetes. Fat foods that are rich in fiber.

Don't drink alcohol excessively. Chronic alcohol consumption of more than two to three drinks per day results in weight gain and impairment of the body's ability to produce sufficient amounts of insulin to control blood sugars. It can also elevate blood fat levels.

Don't smoke. It is uncertain whether smoking contributes to developing diabetes but it is certainly a major risk factor for heart disease.

the primary cause of premature deaths in people who have Type II diabetes.

Treat hypertension. This is a common problem in people at high risk for developing diabetes and it contributes to premature heart disease.



President Clinton recently announced a National Commitment to Fight Diabetes at Georgetown University Medical Center. Joining him were (left to right) Sandra Puczyński, mother of a child with juvenile diabetes; Mary Tyler Moore, International Chairman of the Juvenile Diabetes Foundation International; Stephen J. Satalino, Board Chair of the American Diabetes Association; and Chief Joyce Dugan, Principal Chief of the Eastern Band of Cherokee Indians.

Some treatments for hypertension may even improve the action of insulin.

If you are at risk for developing diabetes, you should consult your physician before taking medications.

such as diuretics, which can elevate your blood sugar levels.

Those at risk should always maintain a balanced diet, exercise as much as possible and see their physicians regularly.

American Diabetes Association

HEARTBEAT Calendar

THURSDAY, SEPTEMBER 4

WAYNE—William Patterson University offers a course on physical therapy aide through Nov. 1987. For more information, call (973) 200-3436.

COMMUNITY HEALTH CARE

How Do I Lose Weight? Learn to read food labels, learn to balance food eaten with energy spent. 10:00 a.m. - 12:00 noon Vineland Community Health Center, 319 Landis Avenue, Vineland, NJ 08360. A.L.R. (609) 651-4700.

MEDICAL NUTRITION THERAPY

Counseling provided for high-risk discharged neonates 5:00 a.m. - 5:00 p.m. **Premature Clinic - Three Cooper Plaza Center, NJ 08103** Rosemary O. Leahy, M.E.D., R.N. (908) 968-7388 or 7387.

COOPER HEALTH SYSTEMS

STOP - Student Outreach Program physical examination with emphasis on screening. Medical students, perceived by Pamela Turbido, M.D. and Dr. Robert O. Leahy, M.D. 5:00 p.m. - 9:00 p.m. Ambulatory Care Clinic Three Cooper Plaza Camden, NJ 08103 Pamela Turbido, M.D., (609) 342-9489

COOPER HEALTH SYSTEMS

Screening Program Blood pressure, glucose, health risk appraisal 10:00 p.m. - 1:00 p.m. Riverview Towers, Senior Citizen Residence, Mickle Blvd., Camden, NJ Rosemary O. Leahy, M.E.D., R.N. (908) 968-7388 or 7387

COPE CENTER, INC.

AIDS Support Group - This project is for people with AIDS or who are HIV positive and their families, friends or caregivers 6:45-8:45 p.m. (Thursday)

(Evenings) 581 Valley Road at Bellevue Avenue, Montclair, NJ Robert D. Stinner, (973) 783-6666

N.J. COMMISSION FOR THE BLIND & VISUALLY IMPAIRED

Vision Screening 9:00 a.m. - 1:00 p.m. 46 Memorial Parkway, Long Branch Veterans Township, (800) 255-0844

Regional Diabetes Institute of Northwest Connecticut Medical Center

Program for Smoking Community Health Loss Diabetes Management 7:00 p.m. - 8:30 p.m. 24 Jardine Street, Dover, NJ 07801 Margaret Oehler, (973) 989-9303

WISE WOMEN'S CENTER

Women's Health Care - Speaker will cover: pap smears/mammograms, STD's, AIDS, and Condoms (other birth control methods) 10:00 a.m. - 12:00 noon. Wise Women's Center, 303 Wisconsin Avenue, Newark, NJ

FRIDAY, SEPTEMBER 5

TEANECK—Holy Name Hospital offers a free Blood Pressure Screening. For more information, call (201) 837-1550. Rosemary O. Leahy, M.E.D., R.N. (908) 968-7388 or 7387

COOPER HEALTH SYSTEMS

Women's Cancer Screening Program clinical breast examinations, pap smears 8:00 a.m. - 4:30 p.m. Bergen Lanning Health Center Clinton and West Streets Camden, NJ 08103 Rosemary O. Leahy, M.E.D., R.N. (908) 968-7388 or 7387

Men's Health Support Group

10:00 a.m. - 1:00 p.m. Bergen Lanning Health Center West and Clinton Streets Camden, NJ 08103 Rosemary O. Leahy, M.E.D., R.N. (908) 968-7388 or 7387

One-On-One Counseling (Ministry)

Men), 10:00 a.m. - 1:00 p.m. Bergen Lanning Health Center on West and Clinton Streets in Camden, NJ 08103 Rosemary O. Leahy, M.E.D., R.N. (908) 968-7388 or 7387.

Good Shepherd Christian Reformed Church, United Passaic Partnership Coalition (UPO)

Violence Prevention Forum information dissemination youth and violence and the effects. Questions and answers 7:00 p.m. - 9:00 p.m. 731 Clinton Avenue, Newark, NJ. Phone: (201) 777-7019

SATURDAY, SEPTEMBER 6

NEW BRUNSWICK—Robert Wood Johnson presents "Family Fun Safety Day" at Joyce Kilmer Park, Free admission. For more information call (732) 247-2050.

NEWARK—A Back to School health fair at The Leaguers. For more information, call (973) 926-7576.

NEWARK—C.B.U.I. Community Health Fair

Pre-school health screening, 10:00 a.m. - 4:00 p.m. 731 Clinton Avenue, Newark, NJ Claudette Martindale-Cenatus (201) 643-0300

Children's Hospital of New Jersey at Newark Beth Israel Medical Center Back to School Health Fair filed day of activities for the entire family 11:00 a.m. - 4:00 p.m. 731 Clinton Avenue, Newark, NJ Rhonda Smith-McCathern (973) 926-2809

Forest Hill Family Health Associates, PA 7th Annual Health Fair is open all day. It includes: Health Screening, Glucose, Cholesterol, BP, Weight, Eyes, etc. 10:00 a.m. - 4:00 p.m. Come meet Mr. Prosop and Dr. Newark, NJ 07104 Pablo Abital, (201) 485-6242

PATERSON DIVISION OF HEALTH

Immunization Project Free childhood immunization will be administered to children 9:00 a.m. - 1:00 p.m. WIC Office, 156 Market Street Paterson, NJ Kate Altobelli, (973) 881-3917

ST. FRANCIS MEDICAL CENTER

Grace Cathedral Health Fair Cholesterol, prostate, cardiac risk factor screening, health information, activities for kids, giveaways 10:00 a.m. - 2:00 p.m. Grace Cathedral Slave Tudhope, RN, MS, (908) 599-5602

SUNDAY, SEPTEMBER 7

BRIDGEWATER—The NJ Chapter of the Crohn's and Colitis Foundation will hold its annual Peace Street Walk at the Adamsville School. For more information, call (732) 656-1255.

Cancer Information Service

Prostate Cancer Awareness Week 5-day week Sept. 7-13. Janice SchanDevries James

MONDAY, SEPTEMBER 8

ELIZABETH—Planned Parenthood is offering low-cost cancer screenings for women over 40. For more information call (201) 539-9580.

NEW BRUNSWICK—John Robert Johnson for Medicare Day. For more information call (732) 837-8521.

TEANECK—Holy Name Hospital offers a free Blood Pressure Screening. For more information, call (201) 837-1550.

EMERSON—The Molly Foundation presents, "The Molly Invitational Golf Tournament" at the Hackensack Golf Club. For more information, call (201) 891-1055.

AARP STATE LEGISLATIVE COMMITTEE

Leadership Training 9:00 a.m. - 3:00 p.m. 132 Main Street, Princeton, NJ John J. Welch, (609) 987-0744

Breast Cancer Resource Center Caring with Breast Cancer 2. Vega will speak on 12 tenants of coping with disease 11:30 a.m. - 1:30 p.m. YMCA Bramwell House Living Room Paul Robinson Place, Princeton, NJ Dr. Mariana Vega, (201) 947-1913

TUESDAY, SEPTEMBER 9

CAMDEN COUNTY DEPARTMENT OF HEALTH AND HUMAN SERVICES

Blood Pressure Screening 9:00 a.m. - 1:00 p.m. Our Lady of Lourdes, Camden, NJ (609) 274-6322

Camden County Department of Health and Human Services Diabetes Screening 9:00 a.m. - 1:00 p.m. Our Lady of Lourdes, Camden, NJ (609) 274-6322

Camden County Department of Health and Human Services Childhood Immunization Clinic 9:00 a.m. - 4:00 p.m. Chestnut Health Center Chestnut, NJ (609) 374-6322

FAMILY ADVOCACY PROGRAM

Wellness Expo - Wellness Expo, Healthy choices for civilian workers 9:00 a.m. - 1:00 p.m. Griffin Field House, Fort Dix, NJ Denise Horton, (609) 552-3649

PLAINFIELD HMBB COLLEGE

Immunization Workshop Outreach day care workers immunization training 9:00-12:00 Plainfield Family Health Center Jyle Lynn Jones-Pesbody (908) 699-0944

Health Opinion

Finding ways to reduce teen pregnancy

Reducing teen pregnancies. Increasing the use of prenatal care. Providing reproductive health services to uninsured, low income women. Reducing the need for abortion. Laudable goals—and achievable ones. A mechanism is already in place; sadly, there are many who hope to tear it down.

That mechanism is known as Title X ("ten"), a section of the federal Public Health Service Act of 1974. This program, which Planned Parenthood of Greater Northern New Jersey is a participant, provides reproductive health services directly to low income women and teens. Services include: annual gynecological exams and cancer screenings; testing and treatment for sexually transmitted infections, including HIV/AIDS; and contraception. It does not include abortion. Let me repeat that—Title X funds do not fund abortion services.

There is a great need for these services. In New Jersey, less than half of all women in need of publicly funded contraceptive services receive them—approximately 42 percent. The number is even lower for teens—only 32 percent (data from the Alan Guttmacher Institute). Yet even with our limited resources, it has been estimated that, in 1994, publicly funded health centers helped avert almost 33,000 unwanted pregnancies in New Jersey.

Not only do Title X programs make public health sense, they are also cost effective. Each tax dollar spent on family planning saves an estimated \$3 in medical costs. In fact, in the absence of all publicly funded family planning services, approximately 534,000 additional women could become pregnant and give birth nationally. Of this group, 336,000 would be Medicaid-eligible for pregnancy-related care. The majority of these women would be eligible only by virtue of their pregnancy.

The cost effective and valuable public family planning programs, of which Title X is the core, have built a record of success—helping millions of women each year avoid unintended pregnancy, prevent disease and take charge of their health. While people do not always agree on the issue of abortion, ensuring that every child is a wanted child; and that all women have access to reproductive health care regardless of ability to pay—these are issues that we all should agree upon.

Jeff Brand
President and CEO
Planned Parenthood of Greater Northern New Jersey

Newark's Beth Israel introduces students to health care careers

NEWARK—Through the Newark Mayor's Office of Employment Training ("MOET"), 86 intermediate and high school students spent the summer working at Newark Beth Israel Medical Center, an affiliate of the Saint Barnabas Health Care System, where they gained invaluable lessons about responsibility and were introduced to careers in health care. During a recognition ceremony which was held at Newark Beth Israel Medical Center, the students received praise and words of encouragement from administrators, the medical center staff, and community leaders for successfully completing the program.

Among the dignitaries in attendance were Newark Mayor Sharpe James, State Senator Wynona Lipman (29th dist.), Councilman Donald Bradley, President, Newark Municipal Council, Barry Ostrowsky, Executive Vice President and General Counsel, Saint Barnabas Health

Care System and Jeannine LaRue, Vice President, Government Relations, Saint Barnabas Health Care System.

Over an eight-week period, the students assisted staff in various departments throughout the medical facility. Based on their summer work experience, many of the participants expressed interest in pursuing health care careers. Because of the positive feedback from students and staff, administrators at Newark Beth Israel Medical Center plan to add New Jersey students for summer employment on an annual basis. The 86 students were the largest single group participating in the 1997 "MOET" summer program.

Newark Beth Israel Medical Center, a 617-bed regional care, teaching hospital established in 1901, provides comprehensive health care services to its local communities and is a major referral and treatment center for patients throughout the northern New Jersey metropolitan area.

Body Building-Rehab Style

The team of pediatric physicians, nurses, therapists, and specialists at Children's Specialized Hospital provide expert care and treatment to children and adolescents, newborn to 21 years old, who require rehabilitative services due to a congenital condition or as a result of an injury.

Pediatric Specialists—
one of the reasons
CSH is so Special.



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Specialized
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150 New Providence Road
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(908)233-3720

CSH-Fanwood
330 South Avenue, Fanwood, NJ
(908)233-3720

CSH-Ocean
94 Stevens Road, Toms River, NJ
(732)914-1100

Pediatric Practice
505-97 North 5th Street, Newark, NJ
(973)453-8999

Pediatric Practice
373 Clarent Terrace, Union, NJ
(908)353-8999

By Yolanda & Vince

Overweight Women

Did you know that one third of the women in North America are overweight? That means one in three women weigh more than they should. This places them at increased risk for host of illnesses such as diabetes, high blood pressure, heart disease and cancer. The best way to control your weight and enjoy good health is to eat regular, nutrient rich foods and engage in daily life-long physical activities.

If you have never worked out or you're out of shape, see your doctor to get approval to start a program. You have to work your way into a program gradually. If you're coming back from a long layoff due to an injury, you need to be very careful and follow your doctor's orders.

Daily exercise should include aerobic and strength training. A good beginner workout would consist of a 30-45 minute light aerobic workout like brisk walking, stretching and basic calisthenics like push-ups for the chest, back and triceps and crunch ups for the abdominal area.

Underweight Women

There is no magic to gaining weight. You must have a sound plan that includes good nutrition, aerobics and some toning exercises. You should begin a food diary to keep track of the foods you're eating. You should be taking in at least 17 calories per pound of body weight. That means a 100 lb person should be taking in no less than 1700 calories daily. Try to divide your food intake into six

Tips to be Fit

small meals. Gradually work into this program by first getting in three meals, then add one additional meal as your system gets use to the added food. Start with small portions, then build on the amount of food. Keep your meals simple by eating only one or two types of food at a time. Eat at least every three hours. The key to getting this amount of food is planning.

Exercise is also an important part to any weight gaining program. Increasing your caloric intake can cause you to have another problem, fat. You should exercise at least three times a week with toning exercises and do some type of aerobic exercise to three times a week. Exercise will help to insure that the weight you gain will be quality weight. I also want you to start lifting weights three times a week.

Pick one or two exercises for each body part. This is easy if you go to a gym, you'll have almost all the equipment you need to get a good workout. If you want to workout at home, invest in a set of adjustable dumbbells. Do two sets for each muscle group.

The exercise will create a demand for more muscle which will help you to grow.

Between the eating and the workouts you should gain some good quality weight.



Partnering for your child's education

By Reg Weaver

"A school system without parents at its foundation is just like a bucket with a hole in it."

—Jesse Jackson

To help students succeed in school, to help students really learn, schools need to involve parents in their children's education. No matter how much or how little time parents spend with their children, they are the most important influence in their children's lives—more important than teachers, preachers, peers, or rock stars. This means that parents, whether they know it or not, wield a powerful influence on how much their children benefit from school.

Kids who believe that their parents care about their learning progress generally do better in school. That's why parents can be the most valuable allies teachers have.

But educators recognize that in today's fast-paced society, busy parents and others with responsibilities for children are hard-pressed for time and increasingly look for guidance.

That's why we've developed some ideas that "time poor" parents can use to help their children get the most out of school.

Praise effort: The effort children put into their studies is more important than the grades they get—and a better indicator of how much they are learning. Encourage your children to do their schoolwork diligently, and praise them for doing it. High grades are something to be proud of, but as long as your children are completing their work, don't show them your disappointment if they don't get top marks. Doing so could make them feel bad about themselves, which could lead to poorer academic performance.

Talk to teachers: If you don't have time to visit school, phone your youngsters' teachers and leave a message. Ask what your children are doing right, so you can praise them, and ask for suggestions about helping your children do better.

Establish a routine: Make sure your children go to bed at night and rise in the morning at regular hours. Set aside a regular period of time each day for your children to study and to do their homework, whether or not you can be at home at that time. Make sure the television is off, and that the children are not distracted. And make sure whoever is taking care of the children—even if it's not in your home—enforces the study time. Or, you can phone the children to make sure they're studying. And remember to praise them for doing their work.

Ask for your children's opinions: More and more, schools are emphasizing "thinking skills." Asking your children their opinions about some of the day, or asking for their suggestions about household decisions, helps them develop these crucial skills.

Ask about school: As often as you can, ask your kids about what they're doing at school that day. Don't take "nothing" for an answer. The more specific your questions, the better chance you have of getting an answer. For example, instead of asking "How did it go today?" ask, "What was the nicest thing that happened?" or "What was the least nice?"

Ask your children to teach you: Sometimes the best way to learn something is to try to explain it to someone else. If you want to help your kids with their homework, but don't understand it, say so. Ask them to explain it to you.

Encourage your children to study with others: Children often learn more when working in groups and sharing knowledge. Try to arrange study groups between your youngsters and their friends.

What happens to youngsters in their homes is the foundation for their behavior and their learning at school. Parents must recognize this basic truth.

And we as educators must acknowledge a basic reality: when it comes to developing the attitudes so fundamental to school success—confidence, motivation, effort, responsibility, perseverance, caring, and teamwork—there's simply no place like home.

African American family reading list:

Learning about the history of African Americans is crucial to the positive development of Black children. Although many parents, teachers, and students agree with this concept, difficulty in acquiring the necessary materials frequently discourages the study of African American history. For this reason, the National Black Child Development Institute, with support from the National Education Association, has compiled a listing of books that are entertaining and that also tell the experiences of Black people in America.

The first section of the booklet, Family Reading, includes books written for advanced readers, but, with help, younger readers will also appreciate their stories. Additional sections list books geared toward readers from early elementary school to the college level. For further information on educational materials by and about African Americans, call the National Education Association at 202-822-7200.



Congratulating a group of students for participating in the summer program at Beth Israel are Barry Ostrowsky, Saint Barnabas Health Care System and Mayor Sharpe James. Also pictured here are, from left to right, high school students Yornil Roopenevane, Wesqueque High, Shavanda Culver, Newark Tech and Jennifer Price, Malcolm X Shabazz High.

First Choice

for programs to help you live better.

September Community Calendar

September Minority Health Month

FREE Health Screenings
9/10—Stickle Cell Anemia, Colon Cancer and Blood Pressure
9/18—Cholesterol, Glucose & Blood Pressure
9/27—Cholesterol, Depression & Blood Pressure

All Health Screenings will take place between 12 noon and 2 pm in the Main Lobby Area or at sites in the hospital.

Free refreshments will be available.

Senior Citizens

Kickoff of the 1997-98 Senior Health Initiative. Free health screenings for seniors at specific sites throughout East Orange. Check your building for specific dates and times or call the Office of Seniority Services.

973-266-4454

Come Walk With Us 4th Annual AIDS Community Walk-A-Thon

Saturday, September 20, 1997

Registration 8:30 a.m.—Walk 9:30 a.m.

East Orange General Hospital—Starting Site

For more information call 973-266-4577

Free Aerobics-Tribute for Minority Health Month Kickoff of the Senior Aerobics program

Monday, September 22, 1997 • 11am

East Orange YMCA

First two weeks are FREE for early registrants

For more information call 973-266-4454

Look for other programs, in conjunction with the East Orange Health Department, during the month of September.

For information about these programs call 973-266-4577.



ESSEX VALLEY HEALTHCARE

300 Central Ave., East Orange, NJ

Companies of Essex Valley Healthcare are: East Orange General Hospital, The Family Health Center, Essex Valley Vining Nurse Association, Care at Home, Essex Valley Medical Transportation Service, East Orange General Hospital Foundation.

First Choice for all your Healthcare Needs

Billboard Calendar

WEDNESDAY, SEPTEMBER 3

NEWARK—PSE&G Gospel at PSE&G's Robert L. Smith Amphitheater. For more information, call 201-430-7000.

EAST BRUNSWICK—Stagecrafters of South River is proud to announce their fall production of "GREASE" directed by David Pacheco. Needed are many enthusiastic actors, singers, and dancers 14 years and older. For more information, call 732-238-1880.

NEW YORK, NY—RuPaul, supermodel and diva of disco, will make a special guest appearance at Macy's Herald Square.

THURSDAY, SEPTEMBER 4

NEWARK—WBGO Jazz 88.3FM features a live broadcast of the Benny Green Trio at Birdland from 4:30 - 5:15 p.m.

NEWARK—WBGO Jazz 88.3FM features Marian McPartland's Piano Jazz from 7-8 p.m.

NEW YORK, NY—The Outsider Artist of H&M Series presents nude male figures by Gastonia Menna in contrast with Frances "Lady Shalimar" Montague's delicate watercolors of theatrical subjects. For more information, call 212 575-7673

FRIDAY, SEPTEMBER 5

NEWARK—WBGO Jazz 88.3FM features "Portrait in Blue", Fats Domino, vol. 3, 1950s New Orleans R&B from 7-8 p.m.

SATURDAY, SEPTEMBER 6

NEWARK—WBGO Jazz 88.3FM features "We The Circle Be Unbroken?" Montgomery after the boycott. Featuring the freedom riders and the Selma marches, from 6-8:30 a.m.

NEWARK—WBGO Jazz 88.3FM features JazzSet with Branford Marsalis from 8-9 p.m.

SUNDAY, SEPTEMBER 7

WATCHUNG—The Cultural Center of H&M Series presents varied male figures. For more information, call 908-732-0190.

SOUTH ORANGE—The Gallery of South Orange presents an exhibition, "Visions in Fiber, Today's Textiles as Fine Art." For more information, call 973-275-3040.

MONDAY, SEPTEMBER 8

NEW BRUNSWICK—The Jazz Institute of New Brunswick, Inc. presents Free Musical Instrument Instructional Workshops for beginner and intermediate levels. These workshops will be held at Roosevelt Community School Auditorium. For more information, call 212-214-0113.

TUESDAY, SEPTEMBER 9

NEW YORK, NY—The Metropolitan Museum of Art presents an exhibition exploring intersecting worlds of words and warlike through "New 23." For more information, call (212) 570-3951.

WEDNESDAY, SEPTEMBER 10

NEWARK—Souls of Integrity at PSE&G's Robert L. Smith Amphitheater. For more information, call 201-430-7000.

THURSDAY, SEPTEMBER 11

HOLMDEL—New Jersey Symphony Orchestra performances at the PNC Bank Arts Center. For ticket information, call 201-507-8900.

NEW YORK, NY—Wynston Mamsilla & Lincoln Center Jazz Orchestra to launch '97-'98 season of jazz at Lincoln Center with celebration of Dizzy Gillespie's 80th birthday. For more information, call 212-875-5299.

FRIDAY, SEPTEMBER 12

LINDEN—The Cultural and Heritage Committee of Linden presents the Myntic Viny Players in a production, "Clown Yearning." To order tickets, call 908-925-1389.

SATURDAY, SEPTEMBER 13

NEW BRUNSWICK—The Jazz Institute of New Brunswick's Youth Ensemble will perform at Rutgers University College Awareness Program. For more information, call (732) 214-0113.

NEW BRUNSWICK—The Jazz Institute of New Brunswick will hold their 1997 Jazz Youth Ensemble at Roosevelt Community School Auditorium from 12noon until 3pm. For more information, call 732-214-0113.

SUNDAY, SEPTEMBER 14

EDISON—The 8th annual 78th Division (Exercise) Lightening 5K run will be held at the Kimer Army Reserve Center. For more information, call 908-777-2424.

Send Calendar events to ART2:

ART2 Calendar, P.O. Box 1774
Plainfield, NJ 07060
or FAX to 908.753.1036

Eye On Fashion

Student designers come to Garden State Plaza

On September 6 at 2p.m., the Master's Apprentice Collection, a hot fashion show direct from New York's 7th Avenue, will hit the catwalk at Garden State Plaza in Paramus in the fountain court in front of Neiman Marcus. Fashion aficionados will get a look at 72 garments made by 34 of America's leading designers including Oscar de La Renta, Tommy Hilffiger, Richard Tyler, Nicole Miller, Betsy Johnson, David Chu for Nautica, Lilly Pulitzer, Elie Tahari, Marc Eissen, Nick Graham for Joe Boxer, Gene Meyer, Oscar de la Renta and dozens more.

These design masters were paired with 36 of America's most promising fashion design students from Fashion Institute of Technology, Kent State University, Otis College of Art & Design, Parsons School of Design, Philadelphia College of Fashion & Science, Pratt Institute and Rhode

Island School of Design.

Now in its second year, Master Apprentice Programme, presented by Wellman in conjunction with the Council of Fashion Designers of America, the student and the designer each create a garment in an intensive one-week collaborative exercise. The garments are the presented together in a high-profile professional fashion show before the international fashion media.

Student Designer: April Peters
Apprentice to master: Tracy Reese

Student Designer: Joanna Baum
Apprentice to master: Matthew Bateman

Student Designer: Mark Simpson
Apprentice to master: Jill Stuart



PHOTOS: Eric Weiss

Morris Chestnut in the Army? Boys N The Hood star gets part in G.I. Jane

By Werner S. Haas

"Would you mind going down for some training?" was director Ridley Scott's first question to actor Morris Chestnut in a casting session for Touchstone Pictures' drama "G.I. Jane." Chestnut, who first came to national attention as the doomed football player in "Boys N The Hood," smiles when he remembers his premature answer: "Sure. No problem." I play basketball and many other sports, but I had no idea what we were in for," he says. "I wasn't prepared for running 30 miles in 100-degree heat. It was definitely a shock to train for this film."

Growing up in Cerritos, California, intense physical activity was nothing unusual for Chestnut, a high school football player who had hoped to make the state's all-star team, which would have led him to try professional football. With a support from his father, who worked in the pharmaceutical industry, and his mother, a teacher, Chestnut went to California State University at Northridge and majored in business.

It was in a college English class that Morris first got bitten by the acting bug. He was assigned to participate in a play acting scene with several fellow students. "I said to myself: This is something I really might be good at." Of course, the resolution to attempt an acting career was no snap decision. But, when he finally decided to try, his close-knit family including a brother and a sister, supported him all the way.

He had the prerequisite 5'10 headshots made, and he started reading the entertainment industry trade papers and attending auditions, "making the rounds" in the jargon of actors. It took him a year and a half to land his first role on television, an episode of "Nip/Tuck" on Elm Street. Though this provided him wide exposure, instant success didn't happen. He continued to go to auditions and read for parts for TV shows and films. It took Morris another year to be cast as the promising young football player whose career is tragically cut short in the John Singleton film, "Boys N The Hood."

His career began to take off with roles in the Matty Rich film "The Inkelwell," and more TV experience on NBC's "Our All Night" with Pam LaBelle; as well as The Disney Channel's "The Ernest Green Story" in which he was cast as the legendary title character. Then, last summer he turned in a stunning performance as an action hero in Steven Seagal's "Under Siege II: Dark Territory."

"How did Morris prepare for his role as McCool?" "We all had to pass strenuous physical tests, and then we went to boot camp. The SEAL's 17-week training program was reduced to just two weeks. The physical instructors harassed us and physically trained us to hell. We were all strangers when the two-week program began, and at the end of it, we were a team. And great buddies," he says. Chestnut enjoys both TV and motion picture work, especially acting in films. "You get to travel to all kinds of locations, which is fun and a learning experience all its own," he says. "Plus, you don't work at the fast pace that you do in a TV production studio."

Chestnut is especially excited about his role in "G.I. Jane." "As the character, McCool, I have to prove something about myself to everyone, because my character's grandfather who he had never met, been given a fair shake in the military because of his color."

The entire cast proved something to themselves and the crew by doing most of their own stunts. Ridley Scott likes to shoot close-ups of the action, and he couldn't use doubles for that," Chestnut says.

Now that "G.I. Jane" is ready for release, Chestnut is rehearsing for his next role, alongside Eric Roberts and D.B. Sweeney for a new ABC-TV series called "C-16. It is an FBI drama, and will be televised starting this fall, Saturday nights at 8 p.m.

He is also starring in the most important role of his life that of new father to his three-month-old son. "I'm managing to study my lines at just about his feeding time," Chestnut smiles.

Asked to give some advice or suggestions for young Black men and women interested in pursuing an acting career, Chestnut responds: "The acting business is not an easy one. Perseverance. That's the main thing. If you want to



In addition to Chestnut's (far left) role in G.I. Jane, Chestnut is starring in the most important role of his life—that of new father to his three-month-old son.

go for it, give it time. Stick to it. Be patient." He reminds people that it took him nearly two years before he got his first TV role, and another year until his first movie part. "I never gave up. I never thought things wouldn't work out. But, I had to work on being patient, on accepting 'No' when it came, and waiting that much harder for the next audition."

Chestnut considers himself lucky in that acting comes out-ups and out-going "class clown" types. "I'm basically a very shy person," he says. "It's like putting on a character when I audition. But, that's what it takes. You can't be yourself when it comes time to audition for a role. You have to be what the writer and the director expect you to be. But, when the part is over for the day, then I can relax and be me again."

Chestnut considers himself lucky in that acting comes naturally to him. That doesn't mean he omits studying for a specific part, or to make himself a better actor. He also feels that, as a Black actor, there is far less stigma attached to the color of one's skin than there used to be. "Denzel Washington and Wesley Snipes have proved that Black leading men can stand tickets," he says. "Not because of their color, but because of the quality of the films they star in, and the universal appeal of the characters they portray."

Chestnut still keeps in top physical condition, playing in neighborhood pick-up basketball games, going to the gym, and practicing The Kwon Do.

ENTERTAINMENT BRIEFS

Learning Tree debuts on African Heritage Network on Ch. 7

T.V. ABC—the movie classic *The Learning Tree* will premiere on the African Heritage Network "Movie of the Month" series. Sponsored by AT&T, the Learning Tree airs on ABC on Sept. 3 at 12:35 a.m. The Learning Tree is a film adaptation of the life of world-famed photo journalist and director, Gordon Parks.

In *The Learning Tree*, Kyle Johnson (right) stars as Newt Winger, a teen-ager, who faces the pains and pleasures of growing up in the Kansas farmlands of the 1920s.

Call for Open MIC at Club Cadillac Joe's in Paterson

PATERSON—Club Cadillac Joe's in Paterson, New Jersey features "Open Mic Night" every Thursday. This new entertainment education and performance program will be co-sponsored by Solos Records and other groups.

Poets, writers, dancers, singers, musical groups and comedians are invited. All open mic participants must call the club to register, bring their own music and sign up before 9 p.m. Club Cadillac Joe's is located at 47 Washington Avenue, Paterson, N.J.

There is no cover charge. All persons interested in the CD Recording and Newsletter, please call 201-279-7988 and leave a phone number or address for D. Russell.

Taral is grown up Music This Time

In an era and an industry where timing means everything, continually-blessed songstress Taral Hicks keeps managing to be at the right place at the right time. After all, it could make or break a career.

The little girl who played on Robert Deniro's "A Bronx Tale" is all grown up. With a sweet sound and polished presence, Taral's premiere EP under Motown Records, is getting mad airplay with the bubbly bounciness "Ooh, Ooh Baby" (featuring Missy Elliott) and the sty, bumpy "Get With This."

Particularly sweet is Taral's faithful rendering of veteran soul singer Deniece Williams' quiet song classic, "Silky."



Who is Next?



Members of NEXT, Twenty, R.L., and T-Low

Two short years ago, R.L. (20), Twenty (21) and T-Low (23)—members of the Twin Cities-based trio Next were self-described "ghetto celebrities" singing at every club in the Minneapolis/St. Paul area. From the Sabbath Community Center, where the young men performed regularly, to Amelia's, where the group had to win talent competitions for four weeks straight in order to pick up the \$400 grand prize. Next made a name for themselves in a metropolis that has produced such talent as the Artist formerly known as Prince, the Time and hit-makers Jimmy Jam & Terry Lewis.

With the release of their debut 14-track album, "Rated Next," the trio is set to become not only the Twin Cities' latest contribution to pop/R&B music, but also the first group to be released through Kay Gee's (Naughty By Nature), Divine M/A/Arca Records label imprint.

Their first single, "Butta Love," is a sexy, beat-heavy ballad which was co-written by R.L. and Prof T.

"We were all nervous about scaling the bridge, but it ended up being really exciting," says Twenty. "Doing something that dangerous gives you a high that lasts all day."

The group realized things were serious, when, during their visit, they went to see Naughty By Nature perform at the Apollo Theater and came across a souvenir fan that listed them as a part of the group's new stable of acts.

"Waiting was difficult, but Kay Gee kept telling us to be patient and that he was definitely going to take care of us," says T-Low. "It was hard explaining to our family and friends why we were making so many sacrifices for something that wasn't 100 percent, but we kept the faith and it all paid off in the end."

Fax legals to:
908-753-1036
9:00a.m. - 5:00p.m.

Fax legals to:
908-753-1036
9:00a.m. - 5:00p.m.

Classifieds/Legals

Legal Notice Legal Notice Legal Notice

INVITATION FOR PROPOSAL
HOUSING AUTHORITY OF PLAINFIELD
The Housing Authority of Plainfield (PHAP) will receive sealed proposals for the following:

Fee Account Services at \$200.00
On Tuesday, September 9, 1997

All proposals will be addressed and received on the date by the Housing Authority of Plainfield, 510 East Front Street, 510 East Front Street, Plainfield, New Jersey 07060 at which time and place the proposals will be publicly opened and read aloud.

The Housing Authority of Plainfield is requesting proposals from qualified accountants licensed in the State of New Jersey to perform a Fee Account Services for its Low Income Housing program. Any qualified accountants interested, is encouraged to contact Mr. Calisto Garcia, at the Housing Authority of Plainfield, telephone number (908) 753-1036 to obtain the scope of service.

Performance Bonds are not required for these proposals. Proposals and required to comply with requirements of P.L. 1975-C-127. Minority Business Enterprises will be offered full opportunity to submit and will not be subjected to discrimination on the basis of race, color gender or national origin in consideration of an award.

The PHA reserves the right to reject any and all proposals and waive any informalities thereto. The PHA reserves the right to reject any partial proposals. No proposal shall be withdrawn for a period of sixty (60) days subsequent to the opening of proposals without the consent of the PHA.

THE HOUSING AUTHORITY OF PLAINFIELD
CAROLYN A. REESE
EXECUTIVE DIRECTOR

\$87.10

NOTICE TO BIDDERS
Notice is hereby given that sealed bids will be received by the Housing Authority of the City of New Brunswick for a GENERAL RESTROOM, TREATMENT CENTER FOR FOUR (4) HIGH RISE BUILDINGS OF NEW BRUNSWICK HOMES (N.J. 22-33), and ONE (1) 8 STORY HIGH RISE BUILDING, HOFFMAN PAVILION (N.J. 22-34) funded from the Operating Budget FY197-86. Bids for the above will be received by the Housing Authority in its office located at 18 Van Dyke Avenue, New Brunswick, New Jersey at 10:00 a.m. on Wednesday, September 17, 1997 and will immediately be opened and read aloud.

The Instructions to Bidders, Bid Form, General Conditions, Supplementary Conditions, Specifications, and other Contract Documents will be on file during the business day, at the Housing Authority offices located at 18 Van Dyke Avenue, New Brunswick, New Jersey. Copies thereof may be obtained upon paying a refundable deposit of Fifty Dollars (\$50.00) for each complete set. Deposit checks shall be made payable to the Housing Authority of the City of New Brunswick.

A MANDATORY PRE-BID CONFERENCE WILL BE HELD MONDAY, SEPTEMBER 15 AT 11:00 A.M. PREVAILING TIME IN THE COMMUNITY ROOM OF THE HOUSING AUTHORITY OFFICE BUILDING LOCATED AT 18 VAN DYKE AVENUE, NEW BRUNSWICK, NEW JERSEY.

All required bids, certifications and other forms required to be submitted by bidders may be prepared on the proposal forms found in the bid form and submitted in triplicate and to the following amount:

ing amount.
Amount of Bid Bid Surety Amount
up to \$200,000.00 10% of bid
\$200,000.00 to \$400,000.00 \$80,000.00 over
\$400,000.00 5% of bid
All bonds used to satisfy the bid surety requirements must be issued by surety firms licensed to issue such bonds in the State of New Jersey and be listed in the U.S. Treasury Circular No. 570 (T United States) and regardless of the method the bidder proposes to meet the bid surety requirement, it must also produce with the bid a Consent of Surety written by a Licensed Surety. Registry in the U.S. Treasury Circular #570 as a reinsurance company does not satisfy the foregoing requirements that the surety company be listed as approved as surety.

The Housing Authority reserves the right to reject any and all bids, waive any informalities in the bids received and to accept any bid which is deemed to be in the best interest of the Authority. The Authority may also award one or more contracts to one or more bidders.

Bids will remain in force for a period of sixty (60) days after the date of the opening thereof.

BY ORDER OF JOHN CLARKE,
ACTING EXECUTIVE DIRECTOR
HOUSING AUTHORITY OF THE CITY OF NEW BRUNSWICK

REQUIRED FORMS: THE FOLLOWING FORMS MUST BE INCLUDED WITH THE BID DOCUMENTS:

BLSC BID FOR LUMP CONTRACT
HUD-4238-B BID BOND
FCS FORM OF CONSENT OF SURETY
BSO BIDDERS STATEMENT OF OWNERSHIP
AAA AFFIRMATIVE ACTION AFFIDAVIT
HUD-5371 REQUEST FOR ACCEPTANCE OF SUBCONTRACTOR
AAF AFFIDAVIT OF NON-COLLUSION
SBFRF STATEMENT OF BIDDER'S EXPERIENCE AND FINANCIAL RESPONSIBILITY
\$208.00

NOTICE TO BIDDERS

Notice is hereby given that sealed bids will be received by the Housing Authority of the City of New Brunswick for a COMPREHENSIVE STAIRWAY AND ELEVATOR CLEANING CONTRACT FOR FOUR (4) HIGH RISE BUILDINGS OF NEW BRUNSWICK HOMES (N.J. 22-33), and ONE (1) 8 STORY HIGH RISE BUILDING, HOFFMAN PAVILION (N.J. 22-34) funded from the Operating Budget FY197-86. Bids for the above will be received by the Housing Authority in its office located at 18 Van Dyke Avenue, New Brunswick, New Jersey at 10:00 a.m. on Wednesday, September 17, 1997 and will immediately be opened and read aloud.

The Instructions to Bidders, Bid Form, General Conditions, Supplementary Conditions, Specifications, and other Contract Documents will be on file during the business day, at the Housing Authority offices located at 18 Van Dyke Avenue, New Brunswick, New Jersey. Copies thereof may be obtained upon paying a refundable deposit of Fifty Dollars (\$50.00) for each complete set. Deposit checks shall be made payable to the Housing Authority of the City of New Brunswick.

All required bids, certifications and other forms required to be submitted by bidders may be prepared on the proposal forms found in the bid form and submitted in triplicate and to the following amount:

be on file during the business day, at the Housing Authority offices located at 18 Van Dyke Avenue, New Brunswick, New Jersey. Copies thereof may be obtained upon paying a non-refundable deposit of Fifty Dollars (\$50.00) for each complete set. Deposit checks shall be made payable to the Housing Authority of the City of New Brunswick.

A MANDATORY PRE-BID CONFERENCE WILL BE HELD MONDAY, SEPTEMBER 15, 1997, AT 10:00 A.M. PREVAILING TIME IN THE CONFERENCE ROOM OF BUILDING #1 OF NEW BRUNSWICK HOMES, 71 NELSON STREET, NEW BRUNSWICK, NEW JERSEY.

All required bids, certifications and other forms required to be submitted by bidders are to be prepared on the proposal forms found in the bid form and submitted in triplicate and to the following amount:

Amount of Bid Bid Surety Amount
up to \$200,000.00 10% of bid
\$200,000.00 to \$400,000.00 \$80,000.00 over
\$400,000.00 5% of bid
All bonds used to satisfy the bid surety requirements must be issued by surety firms licensed to issue such bonds in the State of New Jersey and be listed in the U.S. Treasury Circular No. 570 (T United States) and regardless of the method the bidder proposes to meet the bid surety requirement, it must also produce with the bid a Consent of Surety written by a Licensed Surety. Registry in the U.S. Treasury Circular #570 as a reinsurance company does not satisfy the foregoing requirements that the surety company be listed as approved as surety.

The Housing Authority reserves the right to reject any and all bids, waive any informalities in the bids received and to accept any bid which is deemed to be in the best interest of the Authority. The Authority may also award one or more contracts to one or more bidders.

BY ORDER OF JOHN CLARKE,
ACTING EXECUTIVE DIRECTOR
HOUSING AUTHORITY OF THE CITY OF NEW BRUNSWICK

REQUIRED FORMS: THE FOLLOWING FORMS MUST BE INCLUDED WITH THE BID DOCUMENTS:

BLSC BID FOR LUMP SUM CONTRACT
HUD-4238-B BID BOND
FCS FORM OF CONSENT OF SURETY
BSO BIDDERS STATEMENT OF OWNERSHIP
AAA AFFIRMATIVE ACTION AFFIDAVIT
HUD-5371 REQUEST FOR ACCEPTANCE OF SUBCONTRACTOR
AAF AFFIDAVIT OF NON-COLLUSION
SBFRF STATEMENT OF BIDDER'S EXPERIENCE AND FINANCIAL RESPONSIBILITY
\$208.00

LEGAL NOTICE
ESSEX COUNTY BOARD OF TAXATION
110 SOUTH GROVE STREET, EAST ORANGE, NJ.
Please take notice that the regular scheduled board meeting set for Thursday, September 4, 1997 has been cancelled and re-scheduled for Thursday, September 11, 1997 at 9:30 a.m.

GEORGE F. LIBRIZZI, TAX ADMINISTRATOR

\$31.85

HOUSING AUTHORITY OF THE CITY OF NEWARK
57 SUSSEX AVENUE
NEWARK, NEW JERSEY 07103
ADDENDUM #1
AUGUST 1, 1997
REQUEST FOR PROPOSAL # 97-1192/1
DEVELOPER'S PACKET

88 TOWNHOUSE UNITS
HJ2-50

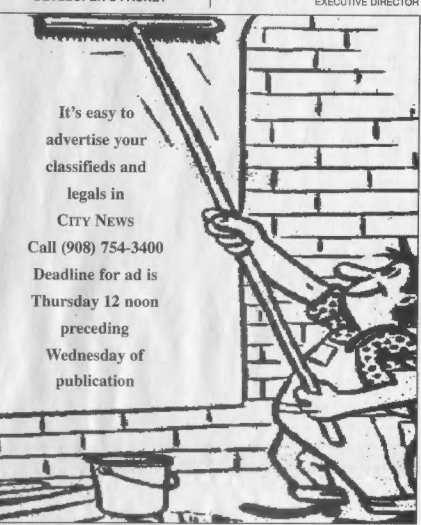
Notice of the following addendum adding and superseding a pertinent portion or portions of the original Request For Proposal package a 97-P1192/1 is hereby given to all interested parties for the above project.

AD1-1 All handicapped units in this project shall have a minimum of two (2) bedrooms. AD1-2 All construction drawings submitted in response to this Request for Proposals showing the interior configuration of the units shall have a scaled representation of the main pieces of furniture (e.g. beds, sofas, tables, chairs, entertainment components, dressers, etc.) as part of the drawings of the interior configuration showing suggested placements of such furniture within the rooms as proposed.

AD1-3 The date of submission remains the same, Wednesday, September 10, 1997 by 2:00pm.

Except as provided herein, all terms and conditions of the solicitation remain unchanged and in full force and effect.

HAROLD LUCAS
EXECUTIVE DIRECTOR



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FREELANCE REPORTERS NEEDED

Freelance reporters are needed for the following areas:
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Help Wanted

Elevator Sub-Code Official Part-time
The Township of Montclair is seeking a part-time Elevator Sub-Code Official to conduct inspections of all elevators and equipment, inspect plans, issue necessary certificates of compliance, approve and receive certificates, collect fees, comply with time limitations, perform all required inspections, enforce all regulations, perform related work as required. Requirements: successful candidate must have HNS Elevator and applicable Sub-Code licenses, knowledge of elevator devices and like equipment, ability to interpret and apply legislation and rules, and be able to work effectively with others. Salary range \$22.23 - \$28.50 per hr. Apply: Township of Montclair, Human Resources, 205 Clement Avenue, Montclair, NJ 07042 Closing date September 5, 1997.

Montclair is an Equal Opportunity/Affirmative Action Employer
CIRCULATION AND DISTRIBUTION
Independent contractor to be responsible for distribution of City News publications to boxes, newspapers, churches and other drop points. Develop locations for expanded distribution in the following areas: Newark, East Orange, Orange, Irvington, Hillsdale, Montclair, Elizabeth, Paterson, Jersey City, Hackensack, Teaneck, Englewood, New Brunswick, Passaic, Somerset, Trenton.
Fee is determined by extent of route. Must have truck or suitable vehicle for delivery, insurance and valid NJ driver's license. Call (908) 754-3400 for interview.

Help Wanted

MAINTENANCE REPAIRER
The Woodbridge Housing Authority is seeking applications for the position of Maintenance Repairer. Must have knowledge and ability in custodial work, grounds keeping, apartment turnover to include painting, taping, patching, plumbing, electrical, and other repairs. Applications are available at 10 Burne Lane, Woodbridge, NJ 07095 and must be received by September 1, 1997. Applicants with a Back Shop license will receive top consideration. Position pays \$10.00/hr. with excellent benefits. Applicants must pass color, physical and drug screening requirements.
Secretary - Experienced secretary (10 years) that needed for a busy government department. Computer skills needed along with typing (80+) and short hand. Person must be well organized, able to work well under pressure, provide administrative and clerical assistance of a highly complex nature, produce documents in forms of agendas, minutes, transcripts, etc. Legal experience a plus. Send resume to:
C - Personnel
P.O. Box 191
Plainfield, NJ 07061

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East Orange police present \$100 National Night Out Scholarships

EAST ORANGE—East Orange Police Chief Harry Harman and members of the Police Department presented \$100.00 scholarships to six youth for their participation in the 14th annual National Night Out Against Crime. The youth were recognized for their block association's participation in the annual community crime prevention program and for their creative expression on ways to combat crime.

Chief Harman presented the scholarship checks to the students with their block association representatives and parents in attendance at City Hall. They were recognized for their art work poetry and essays focusing on how a community can fight crime. We are very proud of

you for taking an interest in crime prevention in your neighborhood," said Chief Harman.

"Total community involvement especially among our young residents is key to keeping our city safe," the Chief added. The recipients were Fuquan Troublefield of the first ward's Doodtown Community Organization; brother and sister Precella and Earl Speld from the second ward's North Walnut Block Association; Kevin Bonsu from the third ward's Elmwood Avenue Block Association; Denae Edwards from the Arcadian Gardens Block Association in the fourth ward and Renesha King representing the fifth ward's North Street Wilk Park Block Association.

Officers from the department's Community Service Unit raised the money young residents is key to keeping our city safe," East Orange Police Chief Harry Harman said. "Total community involvement especially among our young residents is key to keeping our city safe," East Orange Police Chief Harry Harman said. "Total community involvement especially among our young residents is key to keeping our city safe," East Orange Police Chief Harry Harman said.



Shown at East Orange City Hall are front row, left to right: Police Chief Harry Harman, Officer Barry Porterfield, Earl Speld, Denae Edwards, Renesha King, Fuquan Troublefield, Officer Darryl Gregory, Officer Darryl Wright, Lieutenant Ron Borgo. Second row: Gwendolyn Goodman, Linda Mays, Precella Speld, Jackie Silverspoon, Renee Troublefield. Third row: Valerie Bonsu, Robin King, Ida Wombie, Randolph Limerick and Mable Limerick.

New Brunswick students graduate from Whitney M. Young and Rosa Parks Civic League academic and work enrichment programs

NEW BRUNSWICK—Students participating in The Civic League of Greater New Brunswick Rosa L. Parks I & II and Whitney M. Young Summer Institutes graduated August 14 at the Crossroads Theatre in New Brunswick.

This summer's graduates, a majority of whom are New Brunswick students received diplomas for the completion of footnoted research papers, a newspaper publication, sign language proficiency, SAT assessment testing and classroom performance.

Funded through a grant from the Job

Training Partnership Act (JTPA) and Johnson & Johnson Contributions Committee, 32 participants were taken through a thirty-day program that met five hours a day, five days a week for six weeks. Each Institute was involved in a four day National Urban League NULITES Youth Summit at American University in Washington, D.C. This year's program was expanded to include Rosa L. Parks II in which nine youth participated in a work experience program. The programs were housed at the United Way of Central Jersey, UMDNJ-Robert Wood Johnson Medical

Center and the Civic League of Greater New Brunswick.

Whitney M. Young, Jr. Summer Institute: First year of an intense classroom experience

Andre Byrom, team leader, Otis Blount, Kristal Ratliff, Seab Smith, Shavona Stokes, Rainda Virgil; Anthony Carlin, team leader, Ryan Boyd, Aaydab Coppage, Kadina Langley, Nikkia Parks, Ameenah Virgil.

Laura Fitzgerald, team leader, Kenneth Collins, Leamore Johnson, Tanekia Walker, Esther Wilson;

Kell Watkins, team leader/assistant coordinator, Shanara Gatling, Tarrell Greene, Laura Johnson, Jennifer McClain, Milena Nunez; Program coordinator, Angela Cephas.

Rosa L. Parks Summer Institute II:

Work Experience Program Sarah Brimace, Charline Campbell, Jasodra Eumath, Leticia Fraser, Monique Fraser, Victor Gerardo, Reemadna Howard, Christopher Ramsey.

Rosa L. Parks Summer Institute I: Second Year of an intense classroom experience

Tia Cooley, team leader, Theresa Devore, Lee Kazzor, Greg McBean, Hiran Patel, Latoya Pearson, Andre Smith, Yokaria Tejada, James Harris, team leader, Rosa Acevedo, Benny Dover, Natasha Epps, Latisha McMillan, Eric Nelson, Jr., Jamar Ramsey. Program Staff Liaison: Kisha Smith. Program Coordinator: Angela Cephas.



Whitney M. Young, Jr. Summer Institute



Rosa Parks Summer Institute

THE NEWARK PUBLIC SCHOOLS

WELCOMES STUDENTS, PARENTS AND STAFF TO THE
1997-1998 SCHOOL YEAR

SCHOOLS OPEN - MONDAY, SEPTEMBER 8, 1997

ELEMENTARY SCHOOL HOURS
8:30 A.M. - 2:45 P.M.



SECONDARY SCHOOL HOURS
8:30 A.M. - 2:30 P.M.

STUDENT REGISTRATION

Parents registering students into school for the first time must show the child's:

- Birth Certificate (child must be 5 years old on or before December 31, 1997)
- Immunization documents
- Parents'/Guardians' proof of residency (i.e. current utility bill)
- Students transferring in from another district or from one Newark school to another must also provide a copy of their transfer records.

For additional information on school registration and immunization requirements, contact your neighborhood school.

IMMUNIZATION

- Immunization records must include specific dates for a minimum of four doses of diphtheria, tetanus and pertussis vaccine. One of the four doses must have been administered on or after the child's fourth birthday.
- In addition, the child's records should include information on vaccination for rubella, mumps and a minimum of three doses of oral polio vaccine. One of the three doses must have been administered on or after the child's fourth birthday.
- Records must also show dates for measles vaccinations. Students entering kindergarten must show dates for two measles vaccinations. Transfer students who were born before January, 1990, must show at least one.

Free immunization is available at the Division of Community Health, 110 William Street, Newark, Monday through Friday, 9 a.m. to 3:30 p.m.

TESTING DATES

District Standardized Test

April 20 - 24, 1998

Grade 11 HSPT

Fall Exam

October 7, 1997 - Reading

October 8, 1997 - Math

October 9, 1997 - Writing

Make-up Exam

October 14, 15, 16, 1997

Spring Exam

April 7, 1998 - Reading

April 8, 1998 - Math

April 9, 1998 - Writing

Spring Make-up Exam

April 14, 15, 16, 1998

Grade 8 EWT (Early Warning Test)

Spring Exam

March 10, 11, 12, 1998

Make-up Exam

March 17, 18, 19, 1998

ATTENDANCE POLICY

School attendance is required by state and municipal law. Students absent without a medical notice more than 18 days during the school year will not be promoted to the next grade.

1997-98 NEWARK SCHOOL CALENDAR

SEPTEMBER	1	LABOR DAY
	2	ORIENTATION - 10 MONTH EMPLOYEES
	3 - 5	SCHOOL ORGANIZATION/ TRAINING
	8	SCHOOLS OPEN FOR STUDENTS (MONDAY)
OCTOBER	13	COLUMBUS DAY OBSERVANCE
NOVEMBER	4	ELECTION DAY
	10	PUERTO RICO RECOGNITION DAY
	11	VETERANS' DAY
	12	ADMINISTRATIVE DAY
	13 & 14	TEACHERS' CONVENTION
	27 & 28	THANKSGIVING HOLIDAY
DECEMBER	24 - 31	WINTER RECESS
1998		
JANUARY	1	NEW YEAR'S DAY
	2	ADMINISTRATIVE DAY
	19	DR. MARTIN L. KING, JR.'S BIRTHDAY
FEBRUARY	12 - 16	PARENTS' WEEKEND
MARCH	10	NO SCHOOL - CLOSINGS
APRIL	10	GOOD FRIDAY
	13	ADMINISTRATIVE DAY
MAY	25	MEMORIAL DAY
JUNE	22	STUDENTS DISMISSED AT 1:00 P.M. (THURSDAY)
	23	TEACHERS DISMISSED AT 1:00 P.M. (FRIDAY)

WHENEVER IT IS NECESSARY TO CLOSE SCHOOLS OR TO DELAY THE OPENING OF SCHOOLS DUE TO WEATHER CONDITIONS OR OTHER EMERGENCIES WHICH MAY DELAY OVERNIGHT, ANNOUNCEMENTS OF CLOSINGS OR DELAYED OPENINGS SHALL BE MADE OVER THE RADIO STATIONS LISTED BELOW BETWEEN 7:00 A.M. AND 9:00 A.M.

WOR - 710 AM

WINS - 1010 AM

NJ-101.5 FM

WADO - 1280 AM

(SPANISH LANGUAGE STATION)

WCBS - 880 AM

WBLS - 107.5 FM

KISS - 98.7 FM